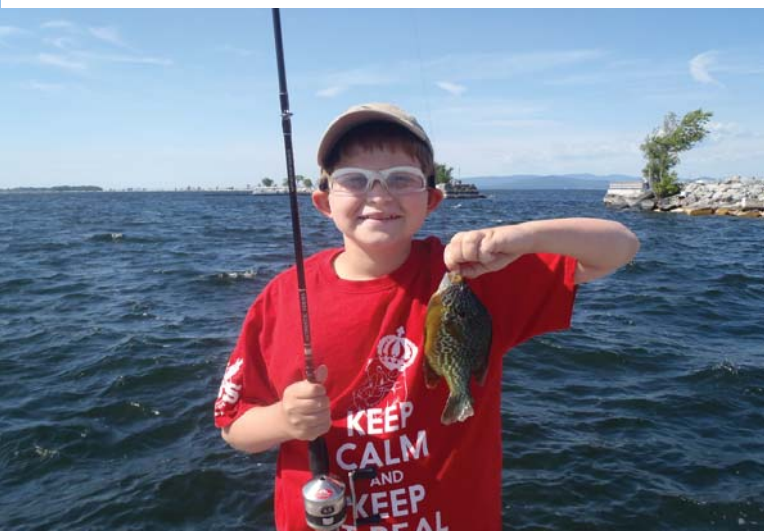




COLCHESTER PARKS & RECREATION

"Optimizing the Experience of Living"



SUMMER 2017

Recreation & Enrichment for All Ages

Register
Online at
[colchestervt.gov/
recreation](http://colchestervt.gov/recreation)

FOLLOW US ON: FACEBOOK, SNAPCHAT, INSTAGRAM & TWITTER @COLCHESTERREC



CATHY NEARY SCHOLARSHIP FUND



It is with great pride that we have named our Scholarship Fund after Cathy Neary who was our Administrative Assistant from 2005 to 2012. In 2014, Cathy lost a courageous 11 year battle with cancer. But throughout those years, she never let it change her lovely personality or her positive attitude.

She was a kind and loving employee who felt that everyone, regardless of their financial situation, should experience the joy of recreation. There were many occasions that Cathy, out of her own pocket, financially assisted families who could not afford their portion of the scholarship match. Although she is no longer a physical presence in our office, her presence will continue in spirit through this scholarship fund.



WHY GOOD PROGRAMS ARE CANCELLED

Nothing cancels a program faster than everyone waiting until the last minute to register. There are certain deadlines that are set in order to decide whether a program will be cancelled.

So if you are interested **REGISTER EARLY!**

GENERAL INFORMATION

TABLE OF CONTENTS

General Information	2
Welcome & Contacts	3
Special Events	4 - 5
You've Been Flamingoed & Movies in the Park	6
Summer Concerts	7
BBFC & Younger Years	8
A.C.E. Program	9 - 10
Summer At A Glance	11
Youth Programs & Camps	12 - 28
Bayside Beach & Bayside Paddle Sports	29 - 32
All Ages	33
Adults	34 - 35
Active Generation	36 - 37
Parks	38
Program Registration Form	39

OFFICE INFORMATION

Location: 781 Blakely Road
 Mailing Address: P.O. Box 55, Colchester
 Telephone: 802-264-5640
 Fax Number: 802-264-5647
 Website: www.colchestervt.gov
 Office Hours: Monday - Friday,
 7:30 a.m. - 4:30 p.m.

METHODS OF PAYMENT

We accept VISA & MASTERCARD credit cards, checks and cash

CANCELLATIONS & REFUNDS

Programs that do not meet the minimum number of registrations may be cancelled. Registrants will be notified by phone and will receive a full refund. Requested refunds are only available up to 10 business days prior to the start of the program with a \$6.00 administrative fee. This applies to transfers as well.

ONLINE REGISTRATION

Now you can register 24/7 online! Registration can be made as soon as you receive this brochure. For step by step directions, log on to our website at www.colchestervt.gov/Recreation

RECREATION ADVISORY BOARD

Adriane Martin, Chair

Dr. Ruth Blauwiekel
 Joan Chance

Owen Banks
 Dick Pecor

PICTURE WAIVER

By participating in a Town of Colchester Recreation program, participants may be photographed for future publications or recognition of events. By signing up for a program, you are willingly signing a waiver that grants the Colchester Recreation Department permission to use your photo to promote programs. Pictures taken may be used up to 10 years after the photo was taken. If you do not wish to have your picture taken please notify the staff prior to the activity.

SPECIAL NEEDS

We do our best to accommodate those with special needs. With few exceptions, our parks and facilities comply with the Americans with Disabilities Act. Children and adults with special needs are encouraged to participate in our programs. Staff members are receptive to your needs and will do everything possible to assist you. If you are interested in participating in a program, but are not sure about the accessibility of a facility or wish to discuss program details, please call the Recreation Department and ask us about specifics.

NON RESIDENTS

Non residents may register for any programs offered, on a space available basis, after March 17, 2017.

FIND US ON THE FOLLOWING SOCIAL MEDIAS:



PARKS & RECREATION STAFF



Glen Cuttitta, CPRP
Director
gcuttitta@colchestervt.gov
802-264-5641



Derek Mitchell, CPRP, CYSA
Assistant Director
dmitchell@colchestervt.gov
802-264-5642



Jenn Turmel, CPRP, CYSA
Program Director
jturmel@colchestervt.gov
802-264-5643



Isaac Spivey, CYSA
Program Coordinator
ispivey@colchestervt.gov
802-264-5646



Mike LaPan
Marketing & Rec Specialist
mlapan@colchestervt.gov
802-264-5648



Moira Plant
Administrative Assistant
mplant@colchestervt.gov
802-264-5640



Peter Cote
Parks Manager
pcote@colchestervt.gov
802-864-4363

COLCHESTER PARKS & RECREATION “Optimizing the Experience of Living”



A MESSAGE FROM COLCHESTER PARKS & RECREATION DIRECTOR, GLEN CUTTITTA

Our Spring/Summer program offerings are sure to have something for everyone. Our staff has worked diligently to create programs and camps that will create lifelong memories. Our goal is to create experiences through participation. If programs or camps are not your thing, then take advantage of our wonderful park system and create your own experiences.

The programming side of our department continues to deliver quality recreational opportunities to the residents of Colchester. Assistant Director, Derek Mitchell, Program Director, Jenn Turmel, Programming Coordinators, Isaac Spivey and Mike LaPan, and Administrative Assistant, Moira Plant, work as a solid team to make sure that all residents have a positive recreational experience.

A special thanks to our Parks Manager, Peter Cote as he creates outdoor recreation opportunities in our parks with the cross country ski trails at Airport Park this winter, and for leading an outstanding team of park workers during the summer to keep our parks and recreation paths in tip-top shape for residents and visitors alike.

Parks and Recreation Departments are vitally important to establishing and maintaining the quality of life in a community and ensuring the health of our Colchester residents. “Optimizing the Experience of Living” is our slogan and we work hard to make sure your recreation experiences enrich your life. Make time to take advantage of your Parks and Recreation trails, facilities, and programs during this wonderful time of year! We welcome your comments and suggestions about our facilities and programs. Let us know how we are doing.

Yours in Recreation,
Glen Cuttitta, CPPR
Recreation Director



Follow Us

@ColchesterRec



*Fun photos, posts, info about programs,
and a chance to win prizes!*



GREAT ESCAPE, SIX FLAGS NEW ENGLAND & KILLINGTON ADVENTURE CENTER TICKETS

Why stand in line after traveling hours to get into your favorite amusement park? Stop by the Colchester Parks & Recreation Department and pick up your discounted tickets. 2017 prices at the gates are \$58.99 (over 48"), \$46.99 (under 48"), \$20.00 (parking passes) for Great Escape Tickets; \$63.99 (over 54") and \$53.99 (under 54") for Six Flags New England Tickets; \$69 for Killington Adventure Center! THESE TICKETS ARE GOOD ANY DAY OF THE SEASON! **PLEASE NOTE WE DO NOT ACCEPT VISA/MASTERCARD FOR THESE TICKETS. CASH OR CHECK ONLY.**

Great Escape: Lake George, NY

\$40 per ticket (32% savings)

Daily Parking Passes Available for: \$18.00
(10% savings)

Six Flags New England: Agawam, MA

\$39 per ticket (39% savings)

Killington Adventure Center

\$30 per ticket (56% savings)

10TH ANNUAL "TOUCH A TRUCK"

Saturday, May 6, 2017

Colchester High School, Parking Lot

9:00 - 10:30 a.m. (Quiet time - no sirens)

10:30 - 11:00 a.m. (Sirens may be used)

Come out and see what it's like to be in the big trucks! Children (and parents) can climb, sit and play on tractors, police cars, dump trucks, an ambulance, a school bus and a variety of other vehicles. Don't forget your cameras to capture the smile on your child's face as they sit on the large trucks! **FREE Event, Rain or Shine.**

EASTER EGG HUNT **Saturday, April 15, 2017** **10:00 a.m. Bayside Park**

Come join the Easter Bunny for a great egg hunt. Bring a bag or basket to put your eggs and goodies in. Please park your vehicles at Colchester High School and enter the park by the softball field road off Laker Lane. Children will be separated by age groups to hunt for eggs in different areas of Bayside Park. Ages 4 & under will be at Lower Bayside Park. Ages 5 - 8 will be at Upper Bayside Park. Don't miss this great event!

Colchester Lions Club will be hosting a food drive for the Colchester Community Food Shelf at the Easter Egg hunt. We are requesting that all participants bring at least one non-perishable or canned item to the hunt.

Sponsored by the Colchester Lions Club and Colchester Parks & Recreation.

COLCHESTER 4TH OF JULY CELEBRATION

Tuesday, July 4, 2017

Fun Run: 8:15 a.m. at UMS

Parade: 11:00 a.m. in the Village

Concert: 6:45 - 8:45 p.m.

Fireworks: Dusk, Bayside Softball Field





5TH ANNUAL CAUSEWAY 5K & 15K RACE

**Saturday, June 3, 2017
8:30 a.m. at Airport Park**



Choose to run either the 5K or 15K and enjoy the scenic Colchester Causeway. This race will begin at Airport Park, following a gravel trail out onto the historic Causeway, where runners will make their way to designated turn-around points on the Causeway before returning to the finish at Airport Park. This race will take place on flat gravel and dirt trails surrounded by diverse wetlands, scenic views and Lake Champlain. Proceeds will help maintain and improve the Colchester Causeway for future generations. T-shirt included. Limit 200 runners for 5K, 250 for the 15K. 15k runners must be 12 years old or older. Register online at www.active.com.

33RD ANNUAL COLCHESTER TRIATHLON

**Sunday, July 30, 2017
8:30 a.m. at Bayside Park**

Be a part of a tradition by participating in the Colchester Triathlon! Whether you compete for fun or competition you're sure to have a grand time swimming 500 meters or 1.5 miles of kayaking. Then survive the 12 mile bike and 3 mile run. Refreshments are provided to refuel yourself after a job well done. The race is limited to the first 400 entries. Still want to be part of this amazing event, but don't want to race it? We need volunteers! If you are interested in volunteering in any capacity contact us at 264-5640. For more information or to register check out our Triathlon website at www.colchestertri.com or register online at www.active.com.



CHECK OUT PAGE 33 FOR OUR NEW TRIATHLON PRACTICE GROUP

PINK OUT THE PARK - 5K RUN/WALK

**Saturday, October 7, 2017
10:00 a.m. Bayside Park**

This year Pink Out the Park is going to be extra special because we are celebrating our 5 year anniversary! Join us for this family fun event to benefit Making Strides Against Breast Cancer. Walk or run this scenic 5K in Colchester and make sure to wear those crazy pink costumes. The Pink Panther will be around for pictures and to cheer you across the finish line. Of course we will have lots of great prizes, raffles, live music, a survivor ceremony and more!!! Don't miss out on all the fun, register today at www.active.com. For more information contact Robin at 264-5620 or colchestercansurvive@gmail.com. LET'S PINK OUT THE PARK!

YOU'VE BEEN FLAMINGOED & MOVIES IN THE PARK



Colchester Parks & Recreation

M VIES IN THE PARK

DATES & LOCATIONS

Tuesday, June 27 – Union Memorial School

Monday, July 24 – Fort Ethan Allen

Wednesday, August 2 – Airport Park

Friday, August 11 – Bayside Park

June & July: 8:00 p.m. Start Time

August: 7:30 p.m. Start Time

What better way to enjoy a beautiful summer night than to relax in your favorite Colchester Park and enjoy a movie. Colchester Parks & Recreation will be travelling around to our local parks to screen a family-friendly movie outside on our new, giant screen! Movies will start at 8:00 p.m. for the months of June and July and 7:30 p.m. in August, and all films will be rated either G or PG. Please note that due to film licensing regulations, we cannot print and promote which movie we will screened. You can call our hotline number at 264-5645 after April 3rd to hear the full listing of movies that will be shown this summer!

YOU'VE BEEN FLAMINGOED

The Flamingo flock has returned to Colchester from their 5 year migration! We are all familiar with the pink flamingo yard ornament. One of the prime examples of American cultural kitsch, this plastic bird with metal legs has for years marked its owners as well... interesting. There are probably two types of people in the world: those who take the flamingos seriously as quality yard art and those who wouldn't be caught dead with even one adorning their lawn. Flamingo flocking refers to a form of lawn greeting, involving the placement of a "flock" of plastic pink flamingoes in someone's yard. The flocking might be ordered by someone for placement in a friend or family member's yard, as a practical joke, or to wish someone a happy birthday or celebrate some other special occasion. And of course, anyone can order a flocking for their own yard. Should you wake up one morning and see a couple of zany looking birds on you lawn, you'll know that **YOU'VE BEEN FLAMINGOED**. We'll leave an envelope on your door step which will let you know who was the prankster that had you flocked. Also keep in mind that flocks are not allowed on common ground or public property, so unfortunately we will be unable to flock apartment complexes. Flamingoing forms available online or at the Parks & Recreation Department. For more information call 264-5648.

Flamingos available for flamingoing June - September: (MONDAY - THURSDAY)

Flock of 25: \$25.00 per flamingoing

Flock of 50: \$40.00 per flamingoing

Flock of 75: \$55.00 per flamingoing

Flamingoing insurance: \$20.00 (prevents you from being flamingoed)

*** Pink Flamingos are property of the Colchester Parks & Recreation Department* They will be placed and removed by the Recreation Department. Flocks will stay on the lawn about 24 hours before they migrate to another lawn.***

All profits go to the Colchester Parks & Recreation Cathy Neary Scholarship Fund



Lower Bayside Park (Beachside), All Concerts begin at 7:00 p.m.

Join us for Colchester's summertime tradition. Bring your lawn chairs, your blankets and picnic dinner to Lower Bayside Park for our summer concert series. Enjoy great music with the beauty of Malletts Bay as your backdrop. Admission is FREE.

JULY 13: SATIN & STEEL

Satin & Steel is a 10-piece R&B horn band based in the Central Vermont Rutland-Killington area. Originally formed in 1971, the group evolved into a traveling club group that toured New England for several years and then lay dormant till 1995, when five of the original members decided to "get the band back together"! Since then, they have performed regularly, covering great horn bands including Tower of Power, Blood, Sweat & Tears, Chicago, Earth, Wind & Fire and other horn focused music from Santana, the Beatles, Motown and more as well as a number of powerful originals. A huge sound with 4 part harmonies and a 6-piece horn section on a foundation of guitar, bass, drums and keyboards, Satin & Steel is the kind of band you rarely see around anymore.



JULY 20: THE SHANA STACK BAND

As the most recent winner of Live Act of the Year by the Limelight Magazine Awards along with runner up for Male Vocalist of the Year (Ed Leavitt), The Shana Stack Band is one of the leading entertainers in New England. Exciting their audience with their high energy, high impact show, The Shana Stack Band features multi-national award winning vocalist Shana Stack, and Nashville Songwriter's Association International member, Ed Leavitt, the male vocalist and songwriter of the group. The group focuses on new Top 40 Country, and original music written by Ed Leavitt. One of Ed's songs, "Let it Go", has been featured in the movie Compliance which was released nationwide in the summer of 2012 by Magnolia pictures. The Shana Stack Band has opened for such mega stars as Reba McEntire, Sugarland, The Band Perry, Rascal Flatts, and Chuck Wicks, as well as performing before Travis Tritt. More info at www.shanastack.com



JULY 27: THE MILES BAND

The MILES Band offers up a supremely dance-able mix of classic Funk, Soul and Rock & Roll! Miles has assembled a group of top-flight musicians with years of experience working together in Vermont and throughout New England to form a truly fabulous band. A four-piece group with the harmonies of three lead vocalists, guitar, bass, drums, keyboard and a great horn section, The MILES Band has a lively, bold, exhilarating sound! They also perform in trio, four and five-piece arrangements. More info at www.milessongs.com



AUGUST 3: DUPONT BROTHERS BAND

Two brothers reunite after years of geographical separation by a fortified collaboration in music. Blending the contemplative winters of the northeast with the solitary beauty of southwestern desert, Sam and Zack DuPont are now co-conspirators in a shared passion that runs deep in their family. This Burlington Vermont made duo has hit the ground running since the formation of the group in March of 2013. The brothers have recently shared the stage with Grace Potter and the Nocturnals, Ben Sollee, Gin Wigmore, Chris Thomas King, Langhorne Slim, Howie Day and The Lone Bellow to name a few. Lush finger-style guitar work is complimented by elegant prose and a vocal blend that could only be matched by blood relation. The sound is Vermont made Folk-Americana. More info at www.dupontbrothersmusic.com



BBFC & YOUNGER YEARS



BUILDING BRIGHT FUTURES OF COLCHESTER

Building Bright Futures of Colchester (BBFC) is thrilled to announce the continuation of our grant from Building Bright Futures Direct Services of Chittenden County and the Child Development Division of the VT Department for Children and Families, AHS. Vermont's Future Starts with Today's Children.

SUMMER PLAYGROUPO

Ages Birth-6

A great opportunity for parents and their children to connect with other parents while children engage in a group experience. Parents please bring a snack for your child. Minimum: 10.

WED	7/5 - 8/9	9:30 - 11:00 a.m.	FREE	390000A
Location: Colchester Meeting House, Upstairs			Facilitator: BBFC Staff	



COLCHESTER BABY/TODDLER SOCIAL

Ages Birth - 3 & Parents (Colchester Residents Only)

Join us on the front grass between the Burnham Memorial Library and Meeting House for a social. Meet other Colchester families with babies and start friendships. A great way for new families with young children in town to connect. We will have Ellie Tetrick there for music time, give aways, baby/toddler growing information and a chance for you to dedicate a book to your child that will stay at the Burnham Memorial Library for years to come! Siblings are welcome. Pre-registration required.

SAT	6/24	10:30 a.m. - 12:00 p.m.	FREE (residents only)	390002A
Location: Burnham Library, Front Lawn Rain Location: Colchester Meeting House			Hosts: BBFC, Parks & Recreation & Burnham Memorial Library	

LITTLE MUSIC MAKERS

Ages 6 weeks - 5

This fun, interactive music and movement class will enhance your child's verbal, social and physical development and features a variety of music activities for babies, toddlers and preschoolers, ages 6 weeks to 5 years. Activities will include guitar sing-alongs with instruments, knee bounces, peek-a-boo songs, movement to music, echo songs, finger plays, rhythm activities (with rhythm sticks and drums), cooperative activities, dancing with ribbons, parachute fun, beach balls and lots and LOTS of bubbles! Minimum: 6, Maximum: 14.

SAT	7/1 - 8/19 (Skip 7/15 & 8/5)	11:00 - 11:45 a.m.	\$75(R)/\$80(NR)	390005A
Location: Bayside Activity Center			Instructor: Ellie Tetrick	

START SMART SOCCER

Ages 3 - 5

Start Smart Soccer is a six-week developmentally appropriate introductory soccer program for children. The program introduces children to soccer in a fun non-threatening environment. Start Smart Soccer prepares children and their parents for organized soccer without the fear of getting hurt. This program is an interactive program with children and their parents. **PARENTS MUST PARTICIPATE.** Please leave other siblings at home unless supervised by another parent. Pre-registration is required. Children will receive 2 balls, shin guards and cones. Minimum: 8, Maximum: 15.

WED	6/21 - 7/26	6:15 - 7:00 p.m.	\$75(R)/\$80(NR)	388010A
TH	7/6 - 8/10	6:15 - 7:00 p.m.	\$75(R)/\$80(NR)	388010B
Location: Bayside Park, Pavilion			Instructor: Colchester Parks & Recreation Staff	

A.C.E. BEFORE & AFTER SCHOOL CARE



A.C.E.

(Active, Creative, Enrichment)

Before & After School Program For Children Grades K - 8

**Colchester Middle School
Porters Point School**

**Malletts Bay School
Union Memorial School**

A.C.E. Program Mission Statement

- * Provide children with an Active, Creative, Enriching before & after school experience
- * Provide staff who strive for excellence
- * Support parents by providing a quality and affordable before & after school environment for their children

Our Staff

All Before & After School staff selected by the Recreation Department must undergo a complete background check. Site Directors have education degrees and Site Assistants are working toward a degree in education or similar field. Due to new licensing regulations, our staff have to go through a rigorous certification process.

Schedule & Calendar

The A.C.E. Program follows the Colchester District School Calendar and runs Monday - Friday before school from 7:00 a.m. - 8:30 a.m. (MBS only) and is available after school until 6:00 p.m. (all sites).

After School Program

Our afternoon program will provide quality childcare that parents can rely upon throughout the school calendar year. Students will work on homework, play games, make arts & crafts, play outside, go on field trips and much more. A healthy snack & juice is provided for the children each day.

Anyone wishing to participate in the program that is not currently enrolled may register beginning March 20, 2017.

Registration & Enrollment

Parents must complete a registration form and submit it with a \$20 non-refundable registration fee (one time fee for new registrants to A.C.E.) along with the first week non-refundable payment. Children who cannot be immediately enrolled will be placed on a waiting list. Parents will be contacted by Colchester Parks & Recreation on the status of their child's enrollment.

Enrollment Changes

All changes in enrollment must be approved by the Program Director. A two week written notification is required for all enrollment changes. Enrollment changes must be on a permanent basis unless there is a one time emergency and permission may be granted.

Payments

Payments are due on the 15th of every month. Payments are to be made by automatic withdrawal from a savings or checking account. We will also accept Visa or MasterCard.

Financial Assistance

Assistance is available through the Vermont Agency of Human Services - Childcare Services Division. For an application or further information on the Vermont Childcare Subsidy Program call 1-800-339-3367.

Cost Per Week 2017 - 2018: MBS, UMS, PPS

Before School Care (MBS Only)

Days Attending	1st Child	Additional Child
5 days/week	\$48	\$43
4 days/week	\$44	\$40
3 days/week	\$40	\$37
2 days/week	\$34	\$32

After School Care

Days Attending	1st Child	Additional Child
5 days/week	\$84	\$79
4 days/week	\$76	\$72
3 days/week	\$64	\$61
2 days/week	\$50	\$48

Both Before & After School Care (MBS Only)

Days Attending	1st Child	Additional Child
5 days/week	\$111	\$106
4 days/week	\$100	\$96
3 days/week	\$85	\$82
2 days/week	\$67	\$65

Cost Per Week 2017 - 2018: CMS

After School Care CMS

Days Attending	1st Child	Additional Child
5 days/week	\$103	\$98
4 days/week	\$95	\$90
3 days/week	\$83	\$78
2 days/week	\$70	\$65

You may enroll your child in the A.C.E. Program for 2, 3, 4 or 5 days a week. 1 day option is not available.

For more information or to get a registration packet contact Jenn Turmel at the Colchester Parks & Recreation Department at 264-5643 or e-mail jturmel@colchestervt.gov



COLCHESTER PARKS & RECREATION

2017 - 2018 A.C.E. BEFORE & AFTER SCHOOL PROGRAM

Office use only:	
Reg Fee:	_____
Deposit:	_____
Date received:	_____

GENERAL INFORMATION

Child's Name: _____ Date of Birth: ____/____/____

Grade (2017 - 2018): _____ Age: _____ Gender: M F

Site (please check one): _____ Colchester Middle School _____ Malletts Bay School
 _____ Porters Point School _____ Union Memorial School

Please check days registering for **BEFORE SCHOOL: MBS ONLY** (must register at least 2 days):

____ Monday ____ Tuesday ____ Wednesday ____ Thursday ____ Friday

Please check days registering for **AFTER SCHOOL** (must register for at least 2 days):

____ Monday ____ Tuesday ____ Wednesday ____ Thursday ____ Friday

PRIMARY GUARDIAN

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Employer: _____

Phone: (H) _____ (W) _____

Cell Phone: _____ Pager: _____

E-Mail: _____

Relationship to child: _____

SECONDARY GUARDIAN

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Employer: _____

Phone: (H) _____ (W) _____

Cell Phone: _____ Pager: _____

E-Mail: _____

Relationship to child: _____

Who will be responsible for the payments: _____

EMERGENCY CONTACTS (TWO MUST BE PROVIDED - OTHER THAN PRIMARY/SECONDARY GUARDIANS):

#1 Name: _____ Relation to Child: _____

Phone: (Home) _____ (Work) _____ (Cell) _____

Do you give permission for Emergency Contact #1 to pick up your child (please circle) YES NO

#2 Name: _____ Relation to Child: _____

Phone: (Home) _____ (Work) _____ (Cell) _____

Do you give permission for Emergency Contact #2 to pick up your child (please circle) YES NO

I certify that the information provided on this form is accurate to the best of my knowledge:

Parent/Guardian Signature: _____ Date: _____

Once enrolled, a registration packet will be emailed to you in July. You must complete this registration packet, automatic withdrawal form and provide immunization records before your child can begin. Packets must be completed yearly.

CAMP AT A GLANCE



Week	Day Camps	Athletic Camps	Specialty Camps
June 19 - 23	JRX (Ages 4-Gr. 1)*	Sailing Camp (Gr. 3-12)	Art: Around the World (Gr. 1-5)*
	Explorer (Gr. 2 & 3)*	Tennis Academy (Gr. 1-4)	Girls Spirit Yoga (Gr. 1-7)
	Xtreme Explorer (Gr. 4-7)*	Pickleball Camp (Gr. 5-7)	
June 26 - 30	JRX (Ages 4-Gr. 1)*	Basketball Camp (Gr. 1-8)	Engineering, Lego, Rocketry (Gr. 1-5)*
	Explorer (Gr. 2 & 3)*	Bike Camp (Gr. 5-8)	Fly Fishing (Gr. 5-8)
	Xtreme Explorer (Gr. 4-7)*	Tennis Academy (Gr. 5-8)	Knitting Camp (Gr. 3-5)
	CIT Program (Gr. 9-10)*	Dance Camp (Gr. 1-7)	Photo & Scrapbooking (Gr. 5-8)*
			Young Rembrandts (Gr. K-6)
July 3 - 7	JRX (Ages 4-Gr. 1)*	Sailing Camp (Gr. 3-12)	Junior Olympics (Gr. 1-5)*
	Explorer (Gr. 2 & 3)*		Water Hole Adventure (Gr. 5-8)*
	Xtreme Explorer (Gr. 4-7)*		Water Warriors (Gr. 1-5)*
July 10 - 14	JRX (Ages 4-Gr. 1)*	All Sports Camp (Gr. 5-8)*	Detective Camp (Gr. 1-5)*
	Explorer (Gr. 2 & 3)*	Baseball Camp (Gr. K-6)	Discovering Drama (Gr. 1-2)
	Xtreme Explorer (Gr. 4-7)*	Hook A Kid on Golf (Gr. 3-7)	Fiddle Camp (Gr. 1-3)
	CIT Program (Gr. 9-10)*	Tennis Academy (Gr. 1-4)	Woods, Water, Wildlife (Gr. 5-8)
		Splash N' Gears Camp (Gr. 5-8)*	Young Rembrandts (Gr. K-6)
July 17 - 21	JRX (Ages 4-Gr. 1)*	Boys Lacrosse (Gr. 3-8)*	Adventure Travel Camp (Gr. 6-8)*
	Explorer (Gr. 2 & 3)*	Girls Lacrosse Camp (Gr. 4-8)*	Discovering Drama (Gr. 3-5)
	Xtreme Explorer (Gr. 4-7)*	Sailing Camp (Gr. 3-12)	Disney® Camp 3.0 (Gr. 1-5)*
		Tennis Academy (Gr. 5-8)	Canoe Adventure (Gr. 4-7)*
July 24 - 28	JRX (Ages 4-Gr. 1)*	Archery Camp (Gr. 5-8)	Harry Potter® Camp (Gr. 1-5)*
	Explorer (Gr. 2 & 3)*	Fishing Camp (Gr. 5-8)	IT Camp (Gr. 3-5)*
	Xtreme Explorer (Gr. 4-7)*	VT Active Travel Camp (Gr. 5-8)	Nature & Wilderness (Gr. 1-5)*
	CIT Program (Gr. 9-10)*		
Jul 31 - Aug 4	JRX (Ages 4-Gr. 1)*	Hook A Kid on Golf (Gr. 3-7)	French Camp (Gr. 3-7)*
	Explorer (Gr. 2 & 3)*	Rugby Camp (Gr. 2-8)	GoPro® Camp (Gr. 4-7)*
	Xtreme Explorer (Gr. 4-7)*	Sailing Camp (Gr. 3-12)	Superheroes Yoga Adv. (Gr. 1-3)
		Skateboard Camp (Gr. 1-8)	Young Rembrandts (Gr. K-6)
		Soccer Camp (Gr. K-8)	Climb & Paddling Camp (Gr. 5-8)*
		Tennis Academy (Gr. 1-4)	
August 7 - 11	JRX (Ages 4 - Gr. 1)*	Archery Camp (Gr. 5-8)	Beach Travel Camp (Gr. 5-8)
	Explorer (Gr. 2 & 3)*	Fishing Camp (Gr. 5-8)	Masterchef Jr. Cooking (Gr. 2-5)
	Xtreme Explorer (Gr. 4-7)*	Football Camp (Gr. 2-8)	
August 14 - 18	K.A.M.P. (Gr. 2-6)*		Pirate Camp (Gr. K-3)*
			One Day Adventures (Gr. 5-8)*
August 21 - 25	K.A.M.P. (Gr. 2-6)*		Lights, Camera, Action (Gr. 5-8)

SUMMER CONTACTS

Day Camps:

JRX: 316-9778

Explorers: 316-2918

Xtreme Explorers: 557-8493

Bayside Beach: 316-2929

Rec Office: Main Line: 264-5640

Jenn Turmel: 264-5643/Cell: 316-9097

Isaac Spivey: 264-5646/Cell: 735-5340

Mike LaPan: 264-5648/Cell: 734-4421

* Indicates Breakfast & Lunch Included

DON'T FORGET!

[] Sunscreen

[] Water Bottle

[] Healthy Snacks

[] Bathing Suit & Towel

[] Sneakers

“JRX” JR. EXPLORER CAMP



Ages 4 - Entering Gr. 1

Is your child ready for new adventures that are different from a traditional daycare setting? Jr. Explorer Camp (JRX) is the perfect introduction to the camp experience for first time campers. This full day camp will have exciting activities for your child to enjoy. Each week brings a new theme with activities built around it. JRX will experience arts & crafts, non-competitive games and outside play. We go to the beach every day, where your child can play in the sand, swim, or even try their hand at paddleboarding. This time allows your child to become more comfortable with the water as well as learn important safety skills. At JRX, we also value the importance of unstructured free play and build time into our schedule every day for this. Also, campers will go on a field trip (locally) or be visited by an enrichment specialist. JRX camp is a great way for kids entering kindergarten to meet some of their new classmates and for 1st graders to keep building their friendships. Please wear sneakers, bring snacks, sunscreen, water bottle, bathing suit and towel daily. Join us for a few weeks or the whole summer. **Breakfast & Lunch are included thanks to Milton Food Services. A menu will be given out prior to the week your child is attending.** If they do not like what is being served, please pack a lunch for them. Camp is located at MBS, but children will walk to Bayside Park daily. Campers will receive one t-shirt for the summer, please indicate shirt size when registering.

Minimum: 25, Maximum: 50.



MON-FRI	6/19 - 6/23	7:30 a.m. - 5:30 p.m.	\$155(R)/\$160(NR)	385000A
MON-FRI	6/26 - 6/30	7:30 a.m. - 5:30 p.m.	\$155(R)/\$160(NR)	385000B
M,W,TH,F	7/3 - 7/7 (7/4: No Camp)	7:30 a.m. - 5:30 p.m.	\$124(R)/\$129(NR)	385000C
MON-FRI	7/10 - 7/14	7:30 a.m. - 5:30 p.m.	\$155(R)/\$160(NR)	385000D
MON-FRI	7/17 - 7/21 (7/21: till noon)	7:30 a.m. - 5:30 p.m.	\$140(R)/\$145(NR)	385000E
MON-FRI	7/24 - 7/28	7:30 a.m. - 5:30 p.m.	\$155(R)/\$160(NR)	385000F
MON-FRI	7/31 - 8/4	7:30 a.m. - 5:30 p.m.	\$155(R)/\$160(NR)	385000G
MON-FRI	8/7 - 8/11	7:30 a.m. - 5:30 p.m.	\$155(R)/\$160(NR)	385000H

Location: Malletts Bay School, Cafe

Staff: Colchester Parks & Recreation Fun Officials

OPTIONAL: Swimming Lessons During Jr. Explorer Day Camp

If you would like your child to enroll in swimming lessons while attending camp, you must register separately for the lessons. You must sign up for the 11:00 - 11:45 slot which is exclusively for Day Camp participants only. Discounted \$10 off regular swim lessons. There will not be class on Wednesdays as that is field trip day.

Minimum: 2, Maximum: 10.

M,T,TH,F	6/26 - 6/30	11:00 - 11:45 a.m.	\$20(R)/\$25(NR)
311B0 (Lvl 1/2)	313B0 (Lvl 3/4)		
M,T,TH,F	7/10 - 7/14	11:00 - 11:45 a.m.	\$20(R)/\$25(NR)
311D0 (Lvl 1/2)	313D0 (Lvl 3/4)		
M,T,TH,F	7/24 - 7/28	11:00 - 11:45 a.m.	\$20(R)/\$25(NR)
311F0 (Lvl 1/2)	313F0 (Lvl 3/4)		
M,T,TH,F	7/31 - 8/4	11:00 - 11:45 a.m.	\$20(R)/\$25(NR)
311G0 (Lvl 1/2)	313G0 (Lvl 3/4)		
M,T,TH,F	8/7 - 8/11	11:00 - 11:45 a.m.	\$20(R)/\$25(NR)
311H0 (Lvl 1/2)	313H0 (Lvl 3/4)		

EXPLORER CAMP



Entering Gr. 2 & 3

Does your child want to have an exciting and fun filled camp experience this summer? Do they want to make long lasting memories and friendships? Explorer Camp has something for every camper! Explorer Camp is a week long camp that offers a variety of programs including swimming, competitive and non-competitive games, crafts, nature activities and a weekly field trip or performance. In addition, there will be special programs that will change weekly including cooking, science activities, biking, snorkeling, trail walks and tennis. Campers will need to bring the following each day: water bottle, sneakers, snacks, lunch-unless having provided lunch, sunscreen, bathing suit and towel. Campers will receive one camp T-shirt to wear on field trip days regardless of the number of weeks they attend. Camp is located at CMS and will start and end in the CMS cafeteria each day. Explorer Camp will walk to Bayside Park daily for field games, lunch and swimming. In the event of bad weather, camp will remain at CMS for the day. *Breakfast & Lunch are included thanks to Milton Food Services. A menu will be given out prior to the week your child is attending. If they do not like what is being served please pack a lunch for them.* Minimum: 25, Maximum: 60.

MON-FRI	6/19 - 6/23	7:30 a.m. - 5:30 p.m.	\$155(R)/\$160(NR)	384000A
MON-FRI	6/26 - 6/30	7:30 a.m. - 5:30 p.m.	\$155(R)/\$160(NR)	384000B
M,W,TH,F	7/3 - 7/7 (7/4: No Camp)	7:30 a.m. - 5:30 p.m.	\$124(R)/\$129(NR)	384000C
MON-FRI	7/10 - 7/14	7:30 a.m. - 5:30 p.m.	\$155(R)/\$160(NR)	384000D
MON-FRI	7/17 - 7/21 (7/21: till noon)	7:30 a.m. - 5:30 p.m.	\$140(R)/\$145(NR)	384000E
MON-FRI	7/24 - 7/28	7:30 a.m. - 5:30 p.m.	\$155(R)/\$160(NR)	384000F
MON-FRI	7/31 - 8/4	7:30 a.m. - 5:30 p.m.	\$155(R)/\$160(NR)	384000G
MON-FRI	8/7 - 8/11	7:30 a.m. - 5:30 p.m.	\$155(R)/\$160(NR)	384000H

Location: Colchester Middle School, Cafe

Staff: Colchester Parks & Recreation Fun Officials

OPTIONAL: Swimming Lessons During Explorer Day Camp

If you would like your child to enroll in swimming lessons while attending camp, you must register separately for the lessons. You must sign up for the 1:00 - 1:45 slot which is exclusively for Day Camp participants only. Discounted \$10 off regular swim lessons. There will not be class on Thursdays as that is field trip day.

Minimum: 2, Maximum: 10.

M,T,W,F	6/26 - 6/30	1:00 - 1:45 p.m.	\$20(R)/\$25(NR)
311B2 (Lvl 1/2)	313B2 (Lvl 3/4)	315B2 (Lvl 5/6)	
M,T,W,F	7/10 - 7/14	1:00 - 1:45 p.m.	\$20(R)/\$25(NR)
311D2 (Lvl 1/2)	313D2 (Lvl 3/4)	315D2 (Lvl 5/6)	
M,T,W,F	7/24 - 7/28	1:00 - 1:45 p.m.	\$20(R)/\$25(NR)
311F2 (Lvl 1/2)	313F2 (Lvl 3/4)	315F2 (Lvl 5/6)	
M,T,W,F	7/31 - 8/4	1:00 - 1:45 p.m.	\$20(R)/\$25(NR)
311G2 (Lvl 1/2)	313G2 (Lvl 3/4)	315G2 (Lvl 5/6)	
M,T,W,F	8/7 - 8/11	1:00 - 1:45 p.m.	\$20(R)/\$25(NR)
311H2 (Lvl 1/2)	313H2 (Lvl 3/4)	315H2 (Lvl 5/6)	

C.I.T. (COUNSELOR IN TRAINING) PROGRAM

Entering Gr. 9 - 10

Are you interested in becoming a Camp Counselor when you are older? If so, this is a great program for you! This two week program will provide you hands-on experience in our day camp working with our JRJ, Explorer or Xtreme Explorer Camp. You will work with different counselors throughout the two week period to obtain as much knowledge as you can to assist in your future counselor position. Being a C.I.T. does not guarantee future employment with Colchester Parks & Recreation. For an application or further information contact the Parks & Recreation office at 264-5640. Applicants go through an interview process and are not guaranteed a C.I.T. position by applying.

XTREME CAMP & K.A.M.P.



Entering Gr. 4 - 7

This week long camp will offer a variety of weekly programs including swimming, games, arts & crafts, nature activities and one field trip and 1 onsite enrichment program weekly. In addition, there will be special programs that will change weekly including cooking, biking, snorkeling, archery, orienteering, tennis, hiking and arts and crafts to name a few. This camp will be held rain or shine so make sure your child has the appropriate clothing. Campers will need a water bottle, snack, sunscreen, bathing suit, towel and sneakers daily. Campers will receive one camp T-shirt regardless of the number of weeks they attend. **Breakfast & Lunch are included thanks to Milton Food Services. A menu will be given out prior to the week your child is attending. If they do not like what is being served please pack a lunch for them.** Minimum: 25, Maximum: 60.

MON-FRI	6/19 - 6/23	7:30 a.m. - 5:30 p.m.	\$165(R)/\$170(NR)	383000A
MON-FRI	6/26 - 6/30	7:30 a.m. - 5:30 p.m.	\$165(R)/\$170(NR)	383000B
M,W,TH,F	7/3 - 7/7 (7/4: No Camp)	7:30 a.m. - 5:30 p.m.	\$132(R)/\$137(NR)	383000C
MON-FRI	7/10 - 7/14	7:30 a.m. - 5:30 p.m.	\$165(R)/\$170(NR)	383000D
MON-FRI	7/17 - 7/21 (7/21: till noon)	7:30 a.m. - 5:30 p.m.	\$144(R)/\$149(NR)	383000E
MON-FRI	7/24 - 7/28	7:30 a.m. - 5:30 p.m.	\$165(R)/\$170(NR)	383000F
MON-FRI	7/31 - 8/4	7:30 a.m. - 5:30 p.m.	\$165(R)/\$170(NR)	383000G
MON-FRI	8/7 - 8/11	7:30 a.m. - 5:30 p.m.	\$165(R)/\$170(NR)	383000H

Location: Bayside Park

Rain Location: Colchester High School, Gym

Staff: Colchester Parks & Recreation Fun Officials

OPTIONAL: Swimming Lessons During Xtreme Day Camp

If you would like your child to enroll in swimming lessons while attending camp, you must register separately for the lessons. You must sign up for the 1:00 - 1:45 slot which is exclusively for Day Camp participants only. Discounted \$10 off regular swim lessons. There will not be class on Tuesdays as that is field trip day.

Minimum: 2, Maximum: 10.

M,W,TH,F	6/26 - 6/30	1:00 - 1:45 p.m.	\$20(R)/\$25(NR)
311B2 (Lvl 1/2)	313B2 (Lvl 3/4)	315B2 (Lvl 5/6)	
M,W,TH,F	7/10 - 7/14	1:00 - 1:45 p.m.	\$20(R)/\$25(NR)
311D2 (Lvl 1/2)	313D2 (Lvl 3/4)	315D2 (Lvl 5/6)	
M,W,TH,F	7/24 - 7/28	1:00 - 1:45 p.m.	\$20(R)/\$25(NR)
311F2 (Lvl 1/2)	313F2 (Lvl 3/4)	315F2 (Lvl 5/6)	
M,W,TH,F	7/31 - 8/4	1:00 - 1:45 p.m.	\$20(R)/\$25(NR)
311G2 (Lvl 1/2)	313G2 (Lvl 3/4)	315G2 (Lvl 5/6)	
M,W,TH,F	8/7 - 8/11	1:00 - 1:45 p.m.	\$20(R)/\$25(NR)
311H2 (Lvl 1/2)	313H2 (Lvl 3/4)	315H2 (Lvl 5/6)	

K.A.M.P. (KIDS, ADVENTURE, MOVEMENT, PLAY)

Entering Gr. 2 - 6

This week long camp will offer much of the same activities as our Explorer and Xtreme Camp, however there will be some differences as our ages have expanded to accommodate more families the last two weeks of summer! **Breakfast & Lunch are included thanks to Milton Food Services. A menu will be given out prior to the week your child is attending. If they do not like what is being served please pack a lunch for them.** Minimum: 25, Maximum: 60.

MON-FRI	8/14 - 8/18	7:30 a.m. - 5:30 p.m.	\$160(R)/\$165(NR)	382002A
MON-FRI	8/21 - 8/25	7:30 a.m. - 5:30 p.m.	\$160(R)/\$165(NR)	382002B

Location: Bayside Park

Staff: Colchester Parks & Recreation Fun Officials

ATHLETICS



TRACK & FIELD

Ages 7 - 15 (must not turn 15 prior to 12/31/17)

Colchester Parks & Recreation's Track program helps to develop and enhance skills of running, jumping, throwing and skills that are important in the success of any sport or fitness activity, with an emphasis on fun and fitness. This track program will also serve as a training session for our team to attend the VRPA Track meet on Saturday, July 29th in St. Johnsbury. Minimum: 25, Maximum: 50.

MON & WED	6/21 - 7/29 (Skip: 7/3)	6:00 - 7:30 p.m.	\$75(R)/\$80(NR)	388003A
Location: Colchester High School, Track		Coaches: Hannah Echo & Colchester Parks & Recreation Staff		

TENNIS TOTS

Entering Gr. K - 3

Tennis Tots is designed to introduce tennis to the young player just beginning the game. Age appropriate equipment will be used for kids to gain a greater confidence and build better skills. Staff will introduce basic strokes and incorporate those skills into many fun games. This combination of skills and games will help the kids gain a real love for the game! Racquet's provided if needed. Minimum: 4, Maximum: 12.

MON-FRI	6/19 - 6/23	5:00 - 6:00 p.m.	\$42(R)/\$47(NR)	301200A
MON-FRI	6/26 - 6/30	9:00 - 10:00 a.m.	\$42(R)/\$47(NR)	301200B
MON-FRI	7/17 - 7/21	9:00 - 10:00 a.m.	\$42(R)/\$47(NR)	301200C
MON-FRI	7/24 - 7/28	9:00 - 10:00 a.m.	\$42(R)/\$47(NR)	301200D
MON-FRI	7/31 - 8/4	5:00 - 6:00 p.m.	\$42(R)/\$47(NR)	301200E

Location: Bayside Park, Upper Tennis Courts

Rain Location: Colchester High School, Mini Gym (AM only)

Instructor: Jim Olson

TENNIS ACADEMY

Entering Gr. 1 - 8

Tennis Academy is a tennis camp that runs from 10:30 a.m. - 1:30 p.m. At the end of each day, time will be set aside for lunch and a supervised swim at Bayside Beach. Camp will focus on strokes and provide match play and/or lead-up games/drills to reinforce tennis skills and rules. Campers must bring tennis racquet, bathing suit, towel, sunscreen, lunch and plenty to drink (please no soda). Minimum: 5, Maximum: 12.

MON-FRI	6/19 - 6/23	10:30 a.m. - 1:30 p.m.	\$91(R)/\$96(NR)	301300A (Gr. 1 - 4)
MON-FRI	6/26 - 6/30	10:30 a.m. - 1:30 p.m.	\$91(R)/\$96(NR)	301300B (Gr. 5 - 8)
MON-FRI	7/10 - 7/14	10:30 a.m. - 1:30 p.m.	\$91(R)/\$96(NR)	301300C (Gr. 1 - 4)
MON-FRI	7/17 - 7/21	10:30 a.m. - 1:30 p.m.	\$91(R)/\$96(NR)	301300D (Gr. 5 - 8)
MON-FRI	7/31 - 8/4	10:30 a.m. - 1:30 p.m.	\$91(R)/\$96(NR)	301300E (Gr. 1 - 4)

Location: Bayside Park, Upper Tennis Courts

Rain Location: Colchester High School, Mini Gym

Instructor: Jim Olson

GIRLS SPIRIT CAMP

Entering Gr. 1 - 7

Calling all girls! Do you enjoy playing, dancing, creating and relaxing? Girls unite to explore creative yoga and dance in a joyful, fun-filled week-long camp! We will explore yoga postures and games, cooperation and trust activities and express ourselves through creative dance and beautiful craft making fostering self-confidence, self-expression and positive self-image where every girl is a WINNER! Girls experience the joy and freedom of being in their body, they deepen their connection with the world around them and they celebrate their individuality and uniqueness! No special skills required, just come as you (perfectly) are! Parents: Please support the Girl Spirit theme by sending your child to camp with a healthy, nutritious snack and a water bottle. Please dress for movement. Mats will be provided for use during the week. Minimum: 6, Maximum: 20.

MON-FRI	6/19 - 6/23	8:30 - 11:30 a.m.	\$132(R)/\$137(NR)	381001A
Location: Colchester Middle School, Room TBA		Instructor: Sylvia Kabusk		

ATHLETICS



SAILING CAMP

Entering Gr. 3 - 12

Join us for these two week sessions! Sailing classes teach boat handling skills and Seamanship. Following U.S. Sailing small boat curriculum, our small group instruction with multiple instructors is customized to each sailor's ability, experience and interest. Most instructions are held on the water or in our club. Weather permitting, instruction will be provided on our flying junior boats. Minimum: 1, Maximum: 7.

MON-FRI	6/19 - 6/30	9:00 a.m. - 12:00 p.m.	\$230(R)/\$235(NR)	360004A
MON-FRI	7/3 - 7/14 (Skip: 7/4)	9:00 a.m. - 12:00 p.m.	\$230(R)/\$235(NR)	360004B
MON-FRI	7/17 - 7/28	9:00 a.m. - 12:00 p.m.	\$230(R)/\$235(NR)	360004C
MON-FRI	7/31 - 8/11	9:00 a.m. - 12:00 p.m.	\$230(R)/\$235(NR)	360004D

Location: Malletts Bay Boat Club, 662 West Lakeshore Drive

Instructor: MBBC Jr. Sailing Staff

PICKLEBALL CAMP

Entering Gr. 5 - 7

Pickleball is the new sport sweeping the nation! Its been growing in popularity among all age groups, and this camp will introduce campers to the sport, teach the rules, and allow plenty of time to scrimmage. We'll learn about proper serving, returning serves, forehand, backhand, volleying, and more! At the end of the week, we'll hold a tournament to really test your skills. Paddles and pickleballs provided. All campers need to wear sturdy sneakers, and bring a snack, water bottle, and sunscreen. ***Due to space availability this summer there will be no rain location. If camp needs to be cancelled during the week for severe weather, there will not be make ups or refunds.*** Minimum: 6, Maximum: 10.

MON-FRI	6/19 - 6/23	1:30 - 4:30 p.m.	\$89(R)/\$94(NR)	301100A
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Location: Bayside Park, Upper Courts

Instructor: Colchester Parks & Recreation Staff

BASKETBALL CAMP

Entering Gr. 1 - 8

Emphasis will be placed on basketball fundamentals including dribbling, passing, shooting, rebounding and defensive play. Each player will receive instruction and personal attention in learning basic skills while being encouraged to learn at his/her own rate. Camp games will be played daily for enjoyment and to develop team play. Players need to bring a water bottle & wear sneakers. Players will receive a camp t-shirt. All levels welcome. Minimum: 15, Maximum: 30 per session.

MON-FRI	6/26 - 6/30	9:00 a.m. - 12:00 p.m.	\$70(R)/\$75(NR)	388001A (Gr. 1 - 3)
MON-FRI	6/26 - 6/30	9:00 a.m. - 12:00 p.m.	\$70(R)/\$75(NR)	388001B (Gr. 4 - 8)

Location: Colchester Middle School, Gym

Instructor: Colchester Parks & Recreation Staff



BIKE CAMP

Entering Gr. 5 - 8

Enjoy touring Colchester during this fun week of biking. Bikers will take daily trips, learn bike safety, bike maintenance, map reading, proper hydration and nutrition. Kids need to be ready for a physically challenging week. Participants will need to bring a bike with gears and a helmet daily. Please be aware that muddy conditions may be encountered. We will no longer be providing loaner bikes. Please indicate t-shirt size. Minimum: 10, Maximum: 20.

MON-FRI	6/26 - 6/30	8:00 a.m. - 12:00 p.m.	\$47(R)/\$52(NR)	387015A
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Location: Monday, Tuesday, Thursday, Friday: Airport Park
Wednesday: Bayside Park

Instructor: Colchester Police

ATHLETICS



SCHOOLS OUT!! DANCE CAMP

Entertering Gr. 1 - 7

A full day camp consisting of dance, singing, crafts, games, nature walks, library visit and much more! All ending with a noon pizza party on Thursday. Please pack lunches, water, and snacks for each day. Comfy clothes should be worn and sneakers are preferred shoe for walking and talking small trips around the local area. Minimum: 6, Maximum: 15.

MON-TH	6/26 - 6/29	9:00 a.m. - 3:00 p.m.	\$180(R)/\$185(NR)	381000A
Location: Studio 3, Creek Farm Plaza			Instructor: Studio 3 Dance Instructor	

HOOK A KID ON GOLF - TEE LEVEL

Entering Gr. 3 - 7

Colchester Recreation and The Stephen J. Brown Junior Golf Foundation present this wonderful week of golf. **To be an eligible participant you must have never played golf before and do not own a set of golf clubs.** This clinic is designed to introduce swing fundamentals, rules, etiquette and history of the game. At the end you will get to play on a golf course with your new skills and brand new set of clubs that are yours to keep. The Hook a Kid on Golf Program is developed by the National Alliance for Youth Sports. Clubs will fit children up to a height of 5'6". Minimum: 10, Maximum: 12.



MON-FRI	7/10 - 7/14	8:00 - 11:00 a.m.	\$187(R)/\$192(NR)	388004A
MON-FRI	7/31 - 8/4	8:00 - 11:00 a.m.	\$187(R)/\$192(NR)	388004B
Location: Essex Country Club: 332 Old Stage Rd, Essex			Instructor: Jay Bedard, SMC Golf Coach	

BOYS OF SUMMER BASEBALL CAMP

Entering Gr. K - 6

Join High School Coach Tom Perry, his staff and players for our annual baseball camp. The camp emphasizes the FUNdamentals of the game of baseball. Everyday, players work on drills and skills, play games and learn to love the game! Players will enjoy throwing games, catching contests and a home run derby. Every player receives a T-shirt. The 2017 camp introduces our new and improved hitting system and instruction. Each player will be provided with a booklet for parents on the in's and out's of teaching young players to be more successful hitters. This is a great camp for young players learning to love the game and for the Summer League and Little League All-Stars to take a few more ground balls and an extra supervised batting practice before the game. Please send campers with water bottle and snack for each day. **Due to space availability this summer there will be no rain location. If camp needs to be cancelled during the week for severe weather, there will not be make ups or refunds.** Minimum: 20, Maximum: 25.

MON-FRI	7/10 - 7/14	9:00 a.m. - 12:00 p.m.	\$95(R)/\$100(NR)	388006A (Gr. K & 1)
MON-FRI	7/10 - 7/14	9:00 a.m. - 12:00 p.m.	\$95(R)/\$100(NR)	388006B (Gr. 2 - 6)
Location: Airport Park, Baseball Fields			Instructor: CHS Varsity Baseball Coach Tom Perry	

JUMP ROPE & FITNESS CAMP

Ages 5 - 8

This camp is active and full of fun! We teach basic rope skills for beginners and novice jump ropers. When we aren't jumping we keep the kids moving with games, dancing, obstacle courses and end with Kids Yoga! Attire-Comfortable clothes, change of shoes. Minimum: 5, Maximum: 10.

MON,WED,FRI	7/10 - 7/14	10:15 - 11:00 a.m.	\$45(R)/\$50(NR)	387021A
MON,WED,FRI	7/17 - 7/21	10:15 - 11:00 a.m.	\$45(R)/\$50(NR)	387021B
Location: Colchester Health & Fitness, Prim Road			Instructor: Stacey Mercure, CH&F Instructor	

ATHLETICS



DANCE CLASSES

Ages 4 - 17

TAP: Want to learn more tap? Give it a try? This class will incorporate shading, slides, combos, rythmns and so much more! Participants need tap shoes and wear comfy clothes, please no jeans. A fun class for beginner to intermediate levels. **MODERN BALLET & DANCER'S CONDITIONING:** This class is for the dancer who really wants a nice challenge. Not only will you learn modern dance techniques, but you will be in the best shape possible over the summer months. Great class for intermediate dancers and up! **BALLET:** A traditional ballet class with ballet attire and ballet shoes. Learn technique, center, across the floor and much more! **HIP HOP:** Super fun, upbeat class for your kiddo to have a great time in the studio! Comfy clothes - no jeans and carried in clean, dry sneakers and of course a water bottle! Energetic class great for all levels. **MUSICAL THEATRE AND JAZZ:** Learn, dance, and sing all to fantastic, flamboyant musical theatre tunes! Along with jazz moves, this class will fly by and your kiddo will be whistling, dancing and singing the whole way through! Minimum: 4, Maximum: 12.

MON	7/10 - 8/7	5:15 - 6:00 p.m.	\$50(R)/\$55(NR)	381100A (Tap: Ages 7 - 9)
MON	7/10 - 8/7	5:15 - 6:30 p.m.	\$80(R)/\$85(NR)	381100A1 (Modern Ballet: Ages 11 - 15)
TUE	7/11 - 8/8	5:00 - 6:00 p.m.	\$65(R)/\$70(NR)	381100B (Ballet-Level 2: Ages 7 - 10)
TUE	7/11 - 8/8	6:00 - 7:00 p.m.	\$65(R)/\$70(NR)	381100B1 (Ballet-Level 3: Ages 9 - 13)
TUE	7/11 - 8/8	7:00 - 8:00 p.m.	\$65(R)/\$70(NR)	381100B2 (Ballet-Level 4: Ages 13 - 17)
WED	7/12 - 8/9	4:45 - 5:15 p.m.	\$50(R)/\$55(NR)	381100C (Hip Hop: Ages 4 - 5)
WED	7/12 - 8/9	5:45 - 6:30 p.m.	\$50(R)/\$55(NR)	381100C1 (Hip Hop: Ages 6 - 8)
WED	7/12 - 8/9	6:30 - 7:15 p.m.	\$50(R)/\$55(NR)	381100C2 (Hip Hop: Ages 9 - 11)
TH	7/13 - 8/10	5:15 - 6:00 p.m.	\$50(R)/\$55(NR)	381100D (Musical Theatre: Ages 8 - 12)

Location: Studio 3, Creek Farm Plaza

Instructor: Studio 3 Dance Instructor

ALL SPORTS CAMP

Entering Gr. 5 - 8

At this camp, campers will get the ultimate sports experience. This camp combines a well-balanced program of drills, skills, games and fitness. The camp will cover a variety of team and individual sports throughout the week. **Breakfast & lunch are included thanks to Milton Food Services. A menu will be given out prior to the week your child is attending. If they do not like what is being served please pack a lunch for them.** Participants need to bring bathing suit, towel, sneakers, sunscreen, water bottle and nutritious snack each day. Minimum: 8, Maximum: 25.

MON-FRI	7/10 - 7/14	9:00 a.m. - 4:00 p.m.	\$127(R)/\$132(NR)	387100A
Extended Hours Option:		5:00 p.m. Late Pick Up	\$13 for the week	387100A1
will be at Explorer Camp		5:30 p.m. Late Pick Up	\$18 for the week	387100A2

located at CMS, Cafeteria

Location: Colchester Middle School, Athletic Fields

Rain Location: Malletts Bay School, Gym

Camp Director: Dan Shepherd

SUPERHERO YOGA ADVENTURE CAMP

Entering Gr. 1 - 3

Evolution Prenatal & Family Yoga Center is calling all yoga superheroes for a fun filled week of active yoga poses, games, nature exploration, mindfulness practice, relaxation, and craft projects. Children will enjoy tapping into their own superpowers as well as learning more about superheroes in our midst. Yoga helps children become attuned to their bodies inside and out - come join us for a SUPER week of yoga!

Minimum: 5, Maximum: 12.

MON-FRI	7/31 - 8/4	8:00 a.m. - 12:00 p.m.	\$164(R)/\$169(NR)	381001C
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Location: Bayside Activity Center, 2 West Lakeshore Drive

Instructor: Susan Lucey, Evolution Prenatal & Family Yoga Center

ATHLETICS



BOYS LACROSSE CAMP

Boys Entering Gr. 3 - 8

Camp will focus on the fundamentals and instruction of lacrosse: passing, catching, shooting and dodging, and above all experiencing the fun of lacrosse. Defense and team play will also be introduced. Campers will eat lunch and swim at Bayside Beach then return to CHS to scrimmage. All players need to bring all of their own lacrosse equipment: cleats, sneakers, mouth guard, stick, arm pads, shoulder pads, gloves & helmets. We are not able to provide helmets this year. Participants also need to bring water bottle, a snack, towel, bathing suit and sunscreen. **Breakfast & Lunch are included thanks to Milton Food Services. A menu will be given out prior to the week your child is attending. If they do not like what is being served please pack a lunch for them. Due to space availability this summer there will be no rain location. If camp needs to be cancelled during the week for severe weather, there will not be make ups or re-funds.** Minimum: 15, Maximum: 40.

MON-FRI	7/17 - 7/21	8:00 a.m. - 3:00 p.m.	\$132(R)/\$137(NR)	388009A (Gr. 3 - 4)
MON-FRI	7/17 - 7/21	8:00 a.m. - 3:00 p.m.	\$132(R)/\$137(NR)	388009B (Gr. 5 - 6)
MON-FRI	7/17 - 7/21	8:00 a.m. - 3:00 p.m.	\$132(R)/\$137(NR)	388009C (Gr. 7 - 8)

Location: Colchester High School, Lacrosse Practice Field

Instructor: Dan Shepherd, CHS Boys Varsity Lacrosse Coach



GIRLS LACROSSE CAMP

Girls Entering Gr. 4 - 8

Interested in experiencing girls' lacrosse this summer? Join us in this week-long experience of girls lacrosse including the development of foundational lacrosse skills with practice and application in game situations. There will be a strong sense of community and encouragement, while developing teamwork and positive communication skills. Participants also need to bring water bottle, a snack, a lunch, towel, bathing suit and sunscreen. Each participant will receive a Colchester Girls Lacrosse Dry wicking shirt. **Breakfast & Lunch are included thanks to Milton Food Services. A menu will be given out prior to the week your child is attending. If they do not like what is being served please pack a lunch for them. Due to space availability this summer there will be no rain location. If camp needs to be cancelled during the week for severe weather, there will not be make ups or refunds.** Minimum: 15, Maximum: 50.

MON-FRI	7/17 - 7/21	8:00 a.m. - 3:00 p.m.	\$132(R)/\$137(NR)	388009E
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Location: Colchester High School, Lacrosse Practice Field

Instructor: Haley Koperski, CHS Girls Varsity Lacrosse Coach

INTERNATIONAL RUGBY CAMP

Entering Gr. 2 - 8

Challenger Sports is now proud to present Rugby camp! Essex Parks and Recreation, in partnership with Colchester Parks & Recreation will provide an age appropriate week-long training program combining the right blend of technical, tactical and physical training, coached by our hand-picked rugby coaches from the UK, Australia and New Zealand. Each player will receive a rugby ball, T-shirt and written evaluation from our Challenger coach outlining those areas which the player can develop to improve their game over the coming season. This camp will be run at Essex Middle School, at the Prairie Fields at 60 Founders Road. If you are interested in the sport of Rugby, in learning the sport from professionals, and meeting new friends, this is the camp for you! If you are interested in being a host family for one of the young adult staff and save on the cost of this camp, contact Isaac Spivey at 264-5646 for more information. Minimum: 12, Maximum: 50.

MON-FRI	7/31 - 8/4	9:00 a.m. - 12:00 p.m.	\$140(R)/\$145(NR)	387007A
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Location: Prairie Field @ Essex Middle School, 60 Founder Road, Essex

Instructor: Challenger Staff

ATHLETICS



SOCCER CAMP

Entering Gr. K - 8

SOCCER is the most popular sport in the world. This popularity is based on the game's simplistic nature. Youth of all ages can attain the skill necessary to have fun, be proficient, and experience success. WE EMPHASIZE LEARNING AND HAVING FUN. The purpose of our camp will be to teach individual and team skills in a healthy environment, with special emphasis on sportsmanship, teamwork, and the development of a positive self-image. Ben Marlow is a High School Math Teacher at Colchester High School and 2 Year Men's Soccer Player of Saint Michael's College, 4 Year BFA Soccer Player, Current BFA Freshman Soccer Coach. Kyle Marlow is a Language Arts teacher at Colchester Middle School, Graduate of Saint Michael's College, 4 Year BFA Soccer Player, Current Nordic Youth Soccer Coach. Each participant will receive a soccer ball and t-shirt. **Players should bring a water bottle each day.** Minimum: 30.

MON-FRI

7/31 - 8/4

8:00 a.m. - 10:00 a.m.

\$74(R)/\$79(NR)

388002A

Location: Colchester Middle School, Athletic Fields

Rain Location: Colchester Middle School, Gym (bring sneakers)

Camp Directors: Ben & Kyle Marlow



SKATEBOARD CAMP

Entering Gr. 1 - 8

Learn from some of Vermont's finest boarders! This camp is geared to skaters with beginner to intermediate skills. Boarders will be split into groups based on abilities. Participants will learn such tricks as pushing, ollieing, dropping in, board slides and grinds. All boarders must have helmets and wristguards. Minimum: 15, Maximum: 30.

MON-FRI

7/31 - 8/4

9:00 a.m. - 12:00 p.m.

\$125(R)/\$130(NR)

388008A

Location: Bayside Skateboard Park

Instructor: Talent Skatepark Staff

FOOTBALL CAMP

Entering Gr. 2 - 8

The Colchester Football team invites you to our 14th Annual Football Camp. This **non-contact** football camp is for players of all levels. Camp will be a daily combination of warm-up activities, stretches, fun drills and skills and a variety of games. This camp is an excellent way to prepare your young player for a youth football season with the Colchester Catamounts or to expose your son/daughter to the outstanding athletic activities football can provide. No equipment is needed and players will receive a t-shirt. Participants need to bring shorts, cleats or sneakers, sunscreen, water bottle and nutritious snack. **Due to space availability this summer there will be no rain location. If camp needs to be cancelled during the week for severe weather there will not be make ups or refunds.** Minimum: 20, Maximum: 40.



MON-FRI

8/7 - 8/11

9:00 a.m. - 12:00 p.m.

\$95(R)/\$100(NR)

388000A

Location: Colchester High School, Football Practice Field

Instructor: Tom Perry, CHS Varsity Football Coach

SPECIALTY CAMPS



ART AROUND THE WORLD CAMP

Entering Gr. 1 - 5

In Art Around the World, campers will explore and create different kinds of art from various far-away countries. Projects will include Australian Aboriginal dot painting, Rangoli from India, Sugar Skulls from Mexico, and much more. Get your paint brushes and smocks ready for this paint and glitter covered trek around the world! Campers will be going to the beach each day, please pack a bathing suit, towel and sunscreen. Campers will also need a healthy snack and water bottle. **Breakfast & Lunch are included thanks to Milton Food Services. A menu will be given out prior to the week your child is attending. If they do not like what is being served please pack a lunch for them.** Minimum: 12, Maximum: 20.

MON-FRI	6/19 - 6/23	8:00 a.m. - 4:00 p.m.	\$170(R)/\$175(NR)	382001A
Extended Hours Option:		7:30 a.m. Early Drop Off	\$7 for the week	382001A1
will be at JRX Camp		5:00 p.m. Late Pick Up	\$13 for the week	382001A2
located at MBS, Cafeteria		5:30 p.m. Late Pick Up	\$18 for the week	382001A3
Location: Malletts Bay School, Art Room			Staff: Colchester Parks & Recreation Staff	

ENGINEERING, LEGOS & ROCKETRY

Entering Gr. 1 - 5

At this full day camp, campers will challenge themselves to think and build like engineers. They will work in teams to design and construct Lego creations and rockets, as well as towers, bridges, and other structures made from everyday objects. Campers will be going to the beach each day, please pack a bathing suit, towel and sunscreen. Campers will also need a healthy snack and water bottle. **Breakfast & Lunch are included thanks to Milton Food Services. A menu will be given out prior to the week your child is attending. If they do not like what is being served please pack a lunch for them.**

Minimum: 12, Maximum: 20.

MON-FRI	6/26 - 6/30	8:00 a.m. - 4:00 p.m.	\$175(R)/\$180(NR)	387023A
Extended Hours Option:		7:30 a.m. Early Drop Off	\$7 for the week	387023A1
will be at Xtreme Camp		5:00 p.m. Late Pick Up	\$13 for the week	387023A2
located at Bayside Pavilion		5:30 p.m. Late Pick Up	\$18 for the week	387023A3
Location: Bayside Activity Center, 2 West Lakeshore Drive			Staff: Colchester Parks & Recreation Staff	

YOUNG REMBRANDTS DRAWING CAMP

Entering Gr. K - 6

FASHIONS, FACES & FLOWERS: For fashionistas, florists and budding makeup artists, this Young Rembrandts' workshop celebrates the beautiful world of girls. Every day students will be challenged and delighted drawing images that exude femininity and loveliness. Students will draw and color faces, stretch their imaginations illustrating whimsical flowers and challenge their creativity when tying them all together in fanciful settings. Prepare for elegance and a heap of drawing excellence! Enroll your child today! **PASTEL DRAWING: WORLD OF DINOSAURS:** Travel back in time to the land of the lost. Join Young Rembrandts for a workshop celebrating a favorite topic - dinosaurs! Every day students will learn to use pastels to create impressive and frame-worthy art. Artists will draw and color different types of dinosaurs in varying artistic styles ranging from realism, graphic and cartoon. Perfect for boys or girls who love the ancient world of big lizards! **FAVORITE APPS & VIDEO GAMES:** Art is all around us, including on phones and online! Join Young Rembrandts for a workshop mimicking the amazing imagery of our favorite apps and video games! Every day students will learn new illustration and coloring techniques inspired by popular video games. Artwork is inspired by a pixel block characters, plants, zombies and many more classic apps and games. If your child loves to game or draw, they'll have a blast putting their own personal touches on some of these favorites! Minimum: 8, Maximum: 15.

MON-FRI	6/26 - 6/30	8:30 a.m. - 12:00 p.m.	\$144(R)/\$149(NR)	381002A (Fashion)
MON-FRI	7/10 - 7/14	8:30 a.m. - 12:00 p.m.	\$144(R)/\$149(NR)	381002B (Dinosaurs)
MON-FRI	7/31 - 8/4	8:30 a.m. - 12:00 p.m.	\$144(R)/\$149(NR)	381002C (Apps/Video)
Location: Colchester Middle School, Art Room			Instructor: Young Rembrandts Staff	

SPECIALTY CAMPS



YOUTH KNITTING CAMP

Entering Gr. 3 - 5

Learn to knit or improve your knitting skills while enjoying the fun of knitting with a group. This camp will offer the basics for first time knitters, as well as provide early and intermediate knitters with specific how-to's like buttonholes, cables, finishing, repairs, etc. and help with projects. All materials will be provided. Chris Heavner is a local instructor with 20+ years of experience. Minimum: 8, Maximum: 15.

MON-FRI	6/26 - 6/30	1:00 p.m. - 4:00 p.m.	\$100(R)/\$105(NR)	387018A
Location: Malletts Bay School, Art Room			Instructor: Christine Heavner, The Traveling Knitter	

JUNIOR OLYMPICS

Entering Gr. 1 - 5

Campers become Olympic Athletes this week as they take part in a wide variety of friendly competitions and relays. From waterfront activities to classic field games, the junior Olympians will compete both individually and on teams to take home the gold medal! Campers will be going to the beach each day, please pack a bathing suit, towel and sunscreen. Campers will also need a healthy snack and water bottle. **Breakfast & Lunch are included thanks to Milton Food Services. A menu will be given out prior to the week your child is attending. If they do not like what is being served please pack a lunch for them.**

Minimum: 12, Maximum: 20.

MON, WED, TH, FRI	7/3 - 7/7 (Skip: 7/4)	8:00 a.m. - 4:00 p.m.	\$136(R)/\$141(NR)	387024A
Extended Hours Option:		7:30 a.m. Early Drop Off	\$5 for the week	387024A1
will be at Xtreme Explorer Camp		5:00 p.m. Late Pick Up	\$9 for the week	387024A2
located at Bayside Park		5:30 p.m. Late Pick Up	\$14 for the week	387024A3
Location: Bayside Activity Center, 2 West Lakeshore Drive			Staff: Colchester Parks & Recreation Staff	

DISCOVERING DRAMA

Entering Gr. 1 - 5

Campers will have a blast discovering their "inner actors" in this FUN, hands-on, beginner drama camp! Children will sing, dance, improvise, play active theatre games, make crafts, and work onstage together to bring stories to life! The week's fun will culminate with a performance on Friday afternoon. Campers should bring a lunch, snack, water bottle, sunscreen, and wear comfortable clothes for movement indoors and outdoors. Instructor Ellie Tetrick has worked as a professional actor for over 20 years, in film, commercials, TV and onstage in regional theaters in VT, NY, MA, CT and NC. Minimum: 10, Maximum: 16.

MON-FRI	7/10 - 7/14	8:30 a.m. - 3:00 p.m.	\$199(R)/\$204(NR)	387006A (Gr. 1-2)
MON-FRI	7/17 - 7/21	8:30 a.m. - 3:00 p.m.	\$199(R)/\$204(NR)	387006B (Gr. 3-5)
Location: Bayside Activity Center, 2 West Lakeshore Dr.			Instructor: Ellie Tetrick	

FIDDLING CAMP

Entering Gr. 1 - 3

Children who enroll in this camp will be given group lessons on the fiddle. Camp will also include ample break time for other activities such as snack, art projects, movement, exploration of banjos/ukuleles and percussion, as well as a trip to the playground. Children do not need to have any prior musical experience, only a willingness to explore and try new things! Instruments will be provided by the Burlington Violin Shop. The final day will end with a short concert/demonstration at 11:30 am. Sarah Hotchkiss has led and taught at countless camps for children over the last 25 years and is currently on the faculty of the Young Tradition Vermont Trad Camp. Campers should bring a snack, water bottle, and sunscreen each day.

Minimum: 4, Maximum: 8.

MON-FRI	7/10 - 7/14	9:00 a.m. - 12:00 p.m.	\$195(R)/\$200(NR)	386015A (with violin rental)
MON-FRI	7/10 - 7/14	9:00 a.m. - 12:00 p.m.	\$180(R)/\$185(NR)	386015A1 (have own violin)
Location: Malletts Bay School, Music Room			Instructor: Sarah Hotchkiss, Woodbury Strings	

SPECIALTY CAMPS



WHO DUNNIT CAMP: JR. DETECTIVE CAMP

Entering Gr. 1 - 5

Come spend a week as a detective learning the secrets of solving mysteries and analyzing crime scenes. We will work together to collect evidence and clues, look for fingerprints, decode invisible ink messages, and more! Using their new skills, campers will then work together to crack a mystery. Campers will be going to the beach each day, please pack a bathing suit, towel and sunscreen. Campers will also need a healthy snack and water bottle. **Breakfast & Lunch are included thanks to Milton Food Services. A menu will be given out prior to the week your child is attending. If they do not like what is being served please pack a lunch for them.** Minimum: 12, Maximum: 20.

MON-FRI	7/10 - 7/14	8:00 a.m. - 4:00 p.m.	\$170(R)/\$175(NR)	387025A
Extended Hours Option:		7:30 a.m. Early Drop Off	\$7 for the week	387025A1
will be at JRX Camp		5:00 p.m. Late Pick Up	\$13 for the week	387025A2
located at MBS, Cafeteria		5:30 p.m. Late Pick Up	\$18 for the week	387025A3
Location: Malletts Bay School, Art Room			Staff: Colchester Parks & Recreation Staff	

DISNEY® 3.0 CAMP

Entering Gr. 1 - 5

Does your child love Disney? Come join us in celebrating some classics and newer aged Disney movies. We will indulge in character inspired treats, get creative with arts and crafts all while watching the inspired Disney movie. Monday: Finding Nemo and Finding Dory. Tuesday: Zootopia and UP. Wednesday: Beauty and the Beast and Meet the Robinsons. Thursday: Lady and the Tramp and 101 Dalmations. Friday: Lilo and Stich and Moana. Come join us! Campers will be going to the beach each day, please pack a bathing suit, towel and sunscreen. Campers will also need a healthy snack and water bottle. **Breakfast & Lunch are included thanks to Milton Food Services. A menu will be given out prior to the week your child is attending. If they do not like what is being served please pack a lunch for them.** Minimum: 12, Maximum: 20.

MON-FRI	7/17 - 7/21	8:00 a.m. - 4:00 p.m.	\$170(R)/\$175(NR)	387002B
Extended Hours Option:		7:30 a.m. Early Drop Off	\$7 for the week	387002B1
will be at JRX Camp		5:00 p.m. Late Pick Up	\$13 for the week	387002B2
located at MBS, Cafeteria		5:30 p.m. Late Pick Up	\$18 for the week	387002B3
Location: Malletts Bay School, Art Room			Staff: Ms. Ransom	



HARRY POTTER® CAMP

Entering Gr. 1 - 5

All aboard the Hogwarts Express! Take a week with Harry Potter inspired arts and crafts, snacks and games! We will even freshen up on our Hogwarts spells. In "lumos" we will play at the beach, but in "nox" we will watch a few of the most famous Harry Potter movies created! Campers will be going to the beach each day, please pack a bathing suit, towel and sunscreen. Campers will also need a healthy snack and water bottle. **Breakfast & Lunch are included thanks to Milton Food Services. A menu will be given out prior to the week your child is attending. If they do not like what is being served please pack a lunch for them.** Minimum: 12, Maximum: 20.

MON-FRI	7/24 - 7/28	8:00 a.m. - 4:00 p.m.	\$170(R)/\$175(NR)	387002C
Extended Hours Option:		7:30 a.m. Early Drop Off	\$7 for the week	387002C1
will be at JRX Camp		5:00 p.m. Late Pick Up	\$13 for the week	387002C2
located at MBS, Cafeteria		5:30 p.m. Late Pick Up	\$18 for the week	387002C3
Location: Malletts Bay School, Art Room			Staff: Ms. Ransom	

SPECIALTY CAMPS



INFORMATION TECHNOLOGY CAMP

Entering Gr. 3 - 5

In this camp, students will engage in various technologies such as game design, web design, multimedia, sound editing and more. Students will create a variety of projects and learn numerous skills related to technology. Students will engage with a variety of software applications and hardware such as PowerPoint, PhotoStory, Audacity, Magix MusicMaker, Finale Notepad, Nvu, Windows MovieMaker, PowerDirector, Green Screens, camcorders and more. Students will also develop storyboards and scripts for multimedia projects. Participants must bring a snack, lunch (if not receiving included lunch), water bottle and a willingness to learn each day. **Breakfast & Lunch are included thanks to Milton Food Services. A menu will be given out prior to the week your child is attending. If they do not like what is being served please pack a lunch for them.** Minimum: 8, Maximum: 12.

MON-FRI	7/24 - 7/28	8:00 a.m. - 4:00 p.m.	\$155(R)/\$160(NR)	386011A
Extended Hours Option:		7:30 a.m. Early Drop Off	\$7 for the week	386011A1
will be at Explorer Camp		5:00 p.m. Late Pick Up	\$13 for the week	386011A2
located at CMS, Cafeteria		5:30 p.m. Late Pick Up	\$18 for the week	386011A3
Location: Colchester Middle School, Room 160			Instructor: Bjorn Norstom, CMS Computer Applications	

NATURE & WILDERNESS EXPLORATION

Entering Gr. 1 - 5

During this week, campers will learn about the wilderness in their own backyard, as well as how to survive in it. They will become familiar with plants and animals in Vermont, hike local trails, practice navigating with a compass, make paracord bracelets, learn to cook over an open fire, and more! **Breakfast & Lunch are included thanks to Milton Food Services. A menu will be given out prior to the week your child is attending. If they do not like what is being served please pack a lunch for them.**

Minimum: 12, Maximum: 20.

MON-FRI	7/24 - 7/28	8:00 a.m. - 4:00 p.m.	\$170(R)/\$175(NR)	387026A
Location: M,T,TH,F: Bayside Activity Center		Instructor: Colchester Parks & Recreation Staff		
W: Airport Park				

BONJOUR! FRENCH CAMP

Entering Gr. 3 - 7

Why was the Eiffel Tower built? How do you cook a crêpe? And what do French children do for fun? Come find out! Campers will be immersed in French culture and language in this week-long summer program. We will explore the basics of French conversation, make and try French food, learn how to play French games, and more. Campers will be going to the beach each day, please pack a bathing suit, towel and sunscreen. Campers will also need a healthy snack and water bottle. **Breakfast & Lunch are included thanks to Milton Food Services. A menu will be given out prior to the week your child is attending. If they do not like what is being served please pack a lunch for them.** Minimum: 12, Maximum: 20.

MON-FRI	7/31 - 8/4	8:00 a.m. - 4:00 p.m.	\$170(R)/\$175(NR)	387022A
Extended Hours Option:		7:30 a.m. Early Drop Off	\$7 for the week	387022A1
will be at Explorer Camp		5:00 p.m. Late Pick Up	\$13 for the week	387022A2
located at CMS, Cafeteria		5:30 p.m. Late Pick Up	\$18 for the week	387022A3
Location: Colchester Middle School, Room TBA			Instructor: Renee Seyller, French Teacher	

MASTERCHEF JUNIOR: COOKING CAMP

Entering Gr. 2 - 5

Hungry for some summer fun? In this half-day program, campers will be hands on in the kitchen working together to prepare (and eat!) various healthy, kid-friendly meals, snacks, and desserts. Campers will learn how to follow recipes, practice safety in the kitchen, create their own cookbook, and so much more! Minimum: 12, Maximum: 20.

MON-FRI	8/7 - 8/11	7:30 a.m. - 12:00 p.m.	\$94(R)/\$99(NR)	387003A
Location: Bayside Activity Center			Instructor: Colchester Parks & Recreation Staff	

SPECIALTY & TRAVELING CAMPS



LIGHTS, CAMERA...ACTION! FILM CAMP

Entering Gr. 5 - 8

Kids will have the opportunity to learn about the equipment used to create television programming and create their own short program to air on Lake Champlain Access Television. All participants will be taught how to operate a camera, direct a television program and digitally edit their work. Each child will receive a DVD of all of the projects completed during the camp. Kids should bring a snack as we will have a break for snack each day. Minimum: 4, Maximum: 10.

MON-FRI	8/21 - 8/25	9:00 a.m. - 12:00 p.m.	\$65(R)/\$70(NR)	387004A
Location: Lake Champlain Access Television, Creek Farm Plaza			Instructor: LCATV Staff	

FLY FISHING CAMP

Entering Gr. 5 - 8

Learn how to fly fish with professional guides! Each day of this camp will feature fly casting and other important skills such as safety, conservation, entomology and fly tying, culminating in a morning of fly fishing with their instructors. Rod, reel, and other tackle is provided, but campers may bring their own if they wish. Dress for the weather, this camp will be held rain or shine! Minimum: 8, Maximum: 10.

MON-FRI	6/26 - 6/30	7:30 a.m. - 12:30 p.m.	\$215(R)/\$220(NR)	386002C
Drop off & Pick Up Location: Bayside Parking Lot			Instructor: Mark Wilde, Uncle Jammers Guide Service	

If registering for both Fly Fishing with Photo & Scrapbooking Camp, there will be supervision of your child provided between 12:30 - 1:00 p.m. Lunch is included for those attending both camps thanks to Milton Food Services. A menu will be given out prior to the week your child is attending. If they do not like what is being served please pack a lunch for them.

PHOTO & SCRAPBOOKING TRAVEL CAMP

Entering Gr. 5 - 8

This camp is for the lovers of photography, exploring Vermont, scrapbooking and meeting new friends. During this camp week, participants will travel around Colchester, Burlington, and local areas around Vermont participating in Photo Scavenger Hunts, team challenges, taking photos with their camp members, and later creating their own scrapbooks at camp. When participants leave at the end of the week, they will leave with their own personalized scrapbook, pictures, and memories created with their friends. Minimum: 8, Maximum: 13.

MON-FRI	6/26 - 6/30	1:00 - 4:30 p.m.	\$179(R)/\$184(NR)	386006D
Drop off & Pick Up Location: Bayside Parking Lot			Instructors: Colchester Parks & Recreation Staff	

WATER HOLE ADVENTURE CAMP

Entering Gr. 5 - 8

Looking to visit Vermont's premium water hole and waterfalls in the area? We will be traveling all over Western Vermont to swim and learn about these beautiful natural bodies of water. Trip will include day trips to Bristol Falls, Warren Falls, Bingham Falls & Lareau Water Hole this summer, while getting to know the state you live in. Participants will bring bathing suits, snacks, their friends and much more for a week your child will never forget exploring all that Vermont has to offer. Water Holes and waterfalls are two amazing features that Vermont has to offer, and many have never been able to take part. Come join us for an amazing week of camp exploring our amazing home. We will have two certified lifeguards with us each day for the trip. **Breakfast & Lunch are included thanks to Milton Food Services. A menu will be given out prior to the week your child is attending. If they do not like what is being served please pack a lunch for them.** Minimum: 10, Maximum: 12.

MON, WED, TH, FRI	7/3 - 7/7 (Skip: 7/4)	8:00 a.m. - 4:00 p.m.	\$205(R)/\$210(NR)	310000B
Extended Hours Option:		7:30 a.m. Early Drop Off	\$5 for the week	310000B1
will be at Xtreme Explorer Camp		5:00 p.m. Late Pick Up	\$9 for the week	310000B2
located at Bayside Park, Pavilion		5:30 p.m. Late Pick Up	\$14 for the week	310000B3
Drop off & Pick Up Location: Bayside Parking Lot			Instructor: Colchester Parks & Recreation Staff	

TRAVELING CAMPS



SPLASH N' GEAR CAMP

Entering Gr. 5 - 8

Visit Vermont's premium mountain bike locations and then take a dip in popular waterholes. We will travel around VT to different mountain bike trails and water holes. Participants must bring each day a mountain bike, helmet, snack, water bottle and sunscreen. Participants will learn basic bike maintenance during the week from Malletts Bay Bicycle and Ski Shop. A letter will be sent out prior to camp with trip details. **Breakfast & Lunch are included thanks to Milton Food Services. A menu will be given out prior to the week your child is attending. If they do not like what is being served please pack a lunch for them.** Minimum: 10, Maximum: 13.



MON-FRI 7/10 - 7/14

Extended Hours Option:
will be at Xtreme Explorer Camp
located at Bayside Park, Pavilion

8:00 a.m. - 4:00 p.m.
7:30 a.m. Early Drop Off
5:00 p.m. Late Pick Up
5:30 p.m. Late Pick Up

\$235(R)/\$240(NR)	380004A
\$7 for the week	380004A1
\$13 for the week	380004A2
\$18 for the week	380004A3

Drop off & Pick Up Location: Bayside Parking Lot

Instructor: Colchester Parks & Recreation Staff



CLIMB AND PADDLE TRAVELING ADVENTURES

Entering Gr. 5 - 8

Do you love hiking and kayaking? If so, this is the camp for you! Join us each day as we embark on a new adventure. We will hike each day and finish it off by enjoying the water by kayaking or swimming. A letter with specific locations and what to bring will be sent out prior to camp. **Breakfast & Lunch are included thanks to Milton Food Services. A menu will be given out prior to the week your child is attending. If they do not like what is being served please pack a lunch for them.** Minimum: 10, Maximum: 13.

MON-FRI 7/31 - 8/4

Extended Hours Option:
will be at Xtreme Explorer Camp
located at Bayside Park, Pavilion

8:00 a.m. - 4:00 p.m.
7:30 a.m. Early Drop Off
5:00 p.m. Late Pick Up
5:30 p.m. Late Pick Up

\$235(R)/\$240(NR)	380003A
\$7 for the week	380003A1
\$13 for the week	380003A2
\$18 for the week	380003A3

Drop Off & Pick Up: Bayside Park, Parking Lot

Instructor: Colchester Parks & Recreation

ONE DAY ADVENTURES

Entering Gr. 5 - 8

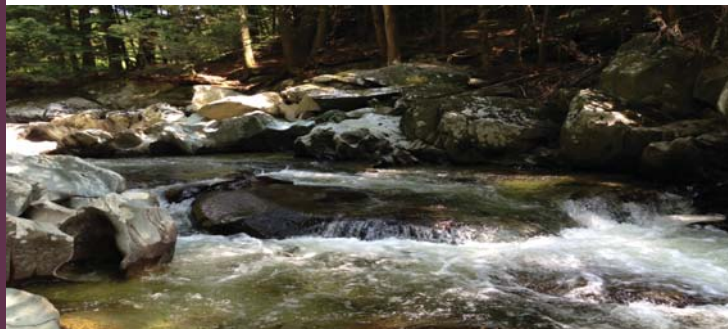
These one day adventure programs are perfect for your little busy bodies! Each day will be a different location. Sign up for one day or multiple days. Monday: Jay Peak Pump House; Tuesday: Arbor Trek Tree Top Obstacle Course & Climbing; Wednesday: Killington Adventure Center. A letter will be sent out prior to explain specifics. **Breakfast & Lunch are included thanks to Milton Food Services. A menu will be given out prior to the week your child is attending. If they do not like what is being served please pack a lunch for them.** Minimum: 8, Maximum: 13.

MON	8/14	9:00 a.m. - 6:30 p.m	\$87(R)/\$92(NR)	380002A (Pump House)
TUE	8/15	9:00 a.m. - 4:00 p.m	\$106(R)/\$111(NR)	380002B (Arbortrek)
WED	8/16	9:00 a.m. - 6:30 p.m	\$80(R)/\$85(NR)	380002C (Killington)
MON-WED	8/14 - 8/16	Times indicated above	\$245(R)/\$265(NR)	380002D (All 3 Days)

Drop off & Pick Up Location: Bayside Parking Lot

Instructors: Colchester Parks & Recreation Staff

TRAVELING CAMPS



ADVENTURE TRAVEL CAMP

Entering Gr. 6 - 8

Come join us as we have a week of FUN as we visit Colchester Paintball, Colchester Speedway, Great Escape Six Flags, the Spirit of Ethan Allen Boat Cruise, Colchester Causeway, Oakledge, North and Rossetti Beach Trips with snorkeling, kayaking, and paddle boarding included. This week of camp is for the teens, as we travel around Vermont visiting places that your teen will enjoy during a week they will never forget. Let this week of trips be the highlight of your teen's summer! **Breakfast & Lunch are included thanks to Milton Food Services. A menu will be given out prior to the week your child is attending. If they do not like what is being served please pack a lunch for them.** Minimum: 10, Maximum: 13.



MON-FRI	7/17 - 7/21	8:00 a.m. - 4:00 p.m.	\$332(R)/\$337(NR)	330202A
(Times may vary based on daily trip - agenda will be provided)				
Drop off & Pick Up Location: Bayside Parking Lot			Instructors: Colchester Parks & Recreation Staff	



VERMONT ACTIVE TRAVEL CAMP

Entering Gr. 5 - 8

Looking to stay active this summer, while having a blast outdoors? Come join us for our Vermont ACTIVE Travel Camp. Participants will take part in trips to two beaches in Vermont, spend a day walking the beautiful Colchester Causeway, spend an afternoon paintballing, and finally an afternoon at Get Air Jump space, a trampoline indoor facility with slam ball (basketball) and foam pits. This will be an active week of fun, friends and the outdoors. If you are looking for a great time, this is the camp for you! Minimum: 8, Maximum: 13.

MON-FRI	7/24 - 7/28	1:00 - 4:30 p.m.	\$195(R)/\$200(NR)	386006B
Drop off & Pick Up Location: Bayside Parking Lot			Instructors: Colchester Parks & Recreation Staff	

BEACH TRAVEL CAMP

Entering Gr. 5 - 8

This travel camp is a perfect opportunity for our youth and their friends to participate in a Beach Week around Vermont. Participants will visit North Beach, Oakledge Beach, Sand Bar State Park, Waterbury Center State Park & Malletts Bay Beach. During the Malletts Bay Beach trip, participants will be able to use Paddleboards, Kayaks, snorkels and more as they enjoy a relaxing afternoon with their friends. This is a trip to show off the beautiful beaches in Vermont, spend time with friends in a relaxing setting, and enjoy the outdoors in the beautiful state of Vermont. Please make sure to bring swimwear, sandals, towels, sun screen, snacks, water and beach toys for this fun week of Vermont beaches and beautiful weather.

Minimum: 8, Maximum: 13.

MON-FRI	8/7 - 8/11	1:00 - 4:30 p.m.	\$190(R)/\$195(NR)	386006C
Drop off & Pick Up Location: Bayside Parking Lot			Instructors: Colchester Parks & Recreation Staff	

OUTDOOR ADVENTURE



WOODS, WATER, WILDLIFE

Entering Gr. 5 - 8

Spend five days in the outdoors with professional guides! This popular program will focus on: hiking, outdoor skills, wildlife identification, outdoor fire building, canoeing, water safety, spin and fly fishing. Learn skills that will last a lifetime. Participants will be physically active daily. Please prepare by bringing a nutritious snack and lunch, plenty of water and appropriate clothing for the weather and activities. A hot dog lunch will be provided on Monday. Minimum: 6, Maximum: 15.

MON-FRI	7/10 - 7/14	9:00 a.m. - 4:00 p.m.	\$231(R)/\$236(NR)	386001A
Location: Monday: Bayside Park Tuesday - Friday: Colchester Pond			Instructor: Uncle Jammers Guide Service Staff	

FISHING CAMP

Entering Gr. 5 - 8

This summer, Colchester Parks & Recreation will give kids a memorable fishing experience! During this five-day camp, participants will travel to different bodies of water while trying to catch different species of fish. Along the way, we will educate you on fish identification, fishing regulations, lure, bait and equipment choices, outdoor skills and the State of Vermont Fish and Wildlife's Let's Go Fishing program. Camp will be led by a Professional Outdoor Guide who will provide you with some fishing secrets. An informational camp letter will be sent out prior to camp. Fishing rod and reel provided. Minimum: 10, Maximum: 13.

MON-FRI	7/24 - 7/28	7:30 a.m. - 12:30 p.m.	\$189(R)/\$194(NR)	386002A
MON-FRI	8/7 - 8/11	7:30 a.m. - 12:30 p.m.	\$189(R)/\$194(NR)	386002B
Location: Upper Bayside Parking Lot - Off Laker Lane			Instructor: Mark Wilde, Uncle Jammers Guide Service	

If registering for both Fishing with Archery, there will be supervision of your child provided between 12:30 - 1:00 p.m. Lunch is included for those attending both camps thanks to Milton Food Services. A menu will be given out prior to the week your child is attending. If they do not like what is being served please pack a lunch for them.

ARCHERY CAMP

Entering Gr. 5 - 8

Learn and experience the benefits of archery during this introduction to archery. Archers will experience the thrill of success while being able to proceed at their own pace within a safety structured environment. Progress is tracked and each achievement is celebrated. Through recurved bows, participants will learn solid archery fundamentals, an efficient shooting form while using proper equipment. Archery Camp will be taught by a trained Instructor. All equipment is provided during camp. Participants must wear closed toed shoes. Participants need to bring a water bottle, snack and sunscreen daily. Minimum: 8, Maximum: 12.



MON-FRI	7/24 - 7/28	1:00 - 4:00 p.m.	\$99(R)/\$104(NR)	388007A
MON-FRI	8/7 - 8/11	1:00 - 4:00 p.m.	\$99(R)/\$104(NR)	388007B
Location: Bayside Park, Softball Field			Instructor: Colchester Parks & Recreation Staff	

BAYSIDE BEACH HOURS & WATERFRONT CAMPS



BAYSIDE BEACH LIFEGUARD ON DUTY

June 19 - August 27, Mon - Fri: 10 a.m. - 6 p.m.,

Sat & Sun: 10 a.m. - 5 p.m.

DAILY ADMISSION IS FREE



WATER WARRIORS

Entering Gr. 1 - 5

This camp is for the competitive camper! Each day the water warriors will tackle new tasks that will require teamwork, intuition, and skill to complete, and you can guarantee you'll get WET at this camp! The Bayside Beach Lifeguards will coach you through relay games, balance challenges, races, and other non-traditional sports. All campers should be proficient swimmers. **Breakfast & Lunch are included thanks to Milton Food Services. A menu will be given out prior to the week your child is attending. If they do not like what is being served please pack a lunch for them.** Minimum: 7, Maximum: 12.

MON, WED, TH, FRI 7/3 - 7/7 (Skip: 7/4)

Extended Hours Option:
will be at Xtreme Explorer Camp
located at Bayside Park

Location: Bayside Beach

8:00 a.m. - 4:00 p.m.

7:30 a.m. Early Drop Off

5:00 p.m. Late Pick Up

5:30 p.m. Late Pick Up

\$182(R)/\$187(NR)

\$5 for the week

\$9 for the week

\$14 for the week

310001A

310001A1

310001A2

310001A3

Instructor: Colchester Parks & Recreation Staff

CANOE ADVENTURE CAMP

Entering Gr. 4 - 7

This week-long camp will teach campers the basics of canoeing and then we'll explore Lake Champlain via Malletts Bay. Camp will include canoe games and races that require teamwork and will challenge your paddling skills, beach picnics, and other drills and activities for a fun week on the water. PFDs provided; this camp will be instructed by certified lifeguards. **Breakfast & Lunch are included thanks to Milton Food Services. A menu will be given out prior to the week your child is attending. If they do not like what is being served please pack a lunch for them.**

Minimum: 8, Maximum: 12.



MON-FRI 7/17 - 7/21

Location: Bayside Beach

8:00 a.m. - 4:00 p.m.

\$174(R)/\$179(NR)

Instructor: Colchester Parks & Recreation Staff

310000A

BAYSIDE BEACH WATERFRONT CAMPS



GOPRO® CAMP

Entering Gr. 4 - 7

The next summer blockbuster will be filmed at Bayside Beach... and YOU are in charge! Campers will work together to establish a script, build props, scout locations, direct, film, star in, and edit an action movie using a GoPro. Our GoPro is equipped and built for action, so we'll be outside, on the beach, on bikes, or even in the water to film. On the final day of camp, LCATV will bring their Mobile Lab to help us edit and produce the final product, which will air on local access TV! Extended hours offered at our Xtreme Explorer Camp. **Breakfast & Lunch are included thanks to Milton Food Services. A menu will be given out prior to the week your child is attending. If they do not like what is being served please pack a lunch for them.** Minimum: 8, Maximum: 20.



MON-FRI 7/31 - 8/4
Extended Hours Option:
will be at Xtreme Explorer Camp
located at Bayside Park

8:00 a.m. - 4:00 p.m.
7:30 a.m. Early Drop Off
5:00 p.m. Late Pick Up
5:30 p.m. Late Pick Up

\$185(R)/\$195(NR)
\$7 for the week
\$13 for the week
\$18 for the week

310000C
310000C1
310000C2
310000C3

Location: Bayside Beach

Instructor: Colchester Parks & Recreation Staff



PIRATE CAMP

Entering Gr. K - 3

Ahoy, me mateys! Come join us at ye Beach this Side of Bay and we'll teach ye to go from landlubber to the best buccaneer this side of Davey Jones' locker. Create ye own Jolly Roger and heave ho as we batten down the hatches and set out to sea. We'll chart a course, lookout from the crow's nest, hunt for buried treasure, defend our ship from scallywags, and pray we never have to walk the plank. Thar be pirate games and adventure aplenty! Yo ho, yo ho, a pirate' life for... you! **Lunch is included thanks to Milton Food Services. A menu will be given out prior to the week your child is attending. If they do not like what is being served please pack a lunch for them.** Minimum: 8, Maximum: 12.

MON-FRI 8/14 - 8/18

8:00 a.m. - 4:00 p.m.

\$187(R)/\$192(NR)

310001B

Location: Bayside Beach

Instructor: Bayside Beach Staff

PRIVATE SWIMMING LESSONS

Ages 3 - 14

Scheduling private swimming lessons is a great way to get more one-on-one time with a Water Safety Instructor (WSI) to focus on individual needs and become a strong, confident swimmer. It also allows for more flexibility with busy schedules. Participants will receive six half-hour lessons with a certified WSI at Bayside Beach. Please ensure your contact information is up to date when registering; waterfront staff will contact you to schedule your lessons.

TBD between Parents & Instructor

\$60(R)/\$65(NR)

313001A

Location: Bayside Beach

Instructor: Bayside Beach WSI

BAYSIDE BEACH SWIMMING LESSONS



We provide enjoyable swim lessons with proven professional methods and techniques. Our staff of certified instructors have been carefully trained. Several of them have been with our program for many years. We recommend swimming lesson levels should be considered carefully for the success you look to achieve. Swimming lessons will be taught on both land and water, therefore lessons are held rain or shine, except during an electrical storm. Four-day sessions consist of 45 - minutes of instruction. Class size is limited to ensure quality instruction. Please review the skills required for each level (below) and register your child for the appropriate class. Instructors may move a child to a different level while maintaining our low ratio of children to instructor to better accommodate your level. Levels may be combined in order to hold classes, but be assured this will not compromise the quality of the class. Classes will be held at Bayside Beach. Class sizes are limited; therefore registration will be taken on a first come first serve basis.

SWIMMING LESSON LEVEL CLASSIFICATIONS

PARENT/CHILD LESSONS (KNOWN AS P/C): Parents & Children ages 6 months - 3: this class builds swimming readiness by emphasizing fun in the water. Parents and children participate in several guided practice sessions that help children learn elementary skills, including water entry, bubble blowing, front kicking, back floating, underwater exploration and more.

LEVEL 1: TADPOLES (WATER EXPLORATION): Ages 3+ Prerequisite: Children should have an interest in swimming and be able to participate independent from parents. Goal: Gradual water adaptation, breath holding, submersion of face, eyes open under water, bubble blowing, bobbing with bubbles and air exchange, supported front and back floats.

LEVEL 2: FROGS (PRIMARY SKILLS): Ages 4+ Prerequisite: Children should have a basic understanding of front and back floats and be able to put face under water and blow bubbles. Front float and recover, back glide and recover, enter and exit water independently.

LEVEL 3: DOLPHINS (STROKE DEVELOPMENT): Ages 6+ Prerequisite: Children should be able to float and do the beginners stroke for at least 15 feet. Stroke Development: builds on the skills in Level 2 by providing additional guided practice.

LEVEL 4: WHALES (STROKE DEVELOPMENT): Ages 7+ Prerequisite: Children should be able to glide and recover both front and back. Should be able to cover 15 feet on their front and back kicking and have at least a crude arm motion. Goal: develops confidence in the strokes learned and to improve other aquatic skills.

LEVEL 5: CROCODILES (STROKE REFINEMENT): Ages 8+ Prerequisite: Children should be able to swim front and back with arms for at least 20 feet. Goal: Front crawl with breathing, backstroke with arms, tread water, surface dives, introduction to butterfly.

LEVEL 6: SHARKS (SKILL PROFICIENCY): Ages 8+ Prerequisite: Children should have a strong front crawl with breathing, know the backstroke and be able to tread water. Goal: Develop maximum efficiency and endurance for strokes, introduce flip turns, encourage lifetime fitness, refine strokes learned in previous levels, learn advanced rescue skills.

DATES OF CLASS: Classes are held Monday - Thursday. Make-ups will be held on Friday if the class was cancelled by the Recreation Department, with a maximum of one make up day.

PARENT VIEWING: Once lessons begin we ask parents to view from the hill or by the stone wall so the children will focus on the instructor.

PARKING: Parents are asked to park at the Bayside Parking Lot at Bayside Park and walk across to the beach for lessons.

MON-TH	6/26 - 6/29	\$30(R)/\$35(NR)
2:00 - 2:45 p.m.	Level 1	311B3
2:00 - 2:45 p.m.	Level 2/3	312B3
4:15 - 5:00 p.m.	Level 1/2	311B4
4:15 - 5:00 p.m.	Level 3/4	313B4
5:15 - 6:00 p.m.	Level 1/2	311B5
5:15 - 6:00 p.m.	Level 3	313B5

MON-TH	7/10 - 7/13	\$30(R)/\$35(NR)
10:00 - 10:45 a.m.	Level 3/4	313C1
2:00 - 2:45 p.m.	Level 1/2	311C3
4:15 - 5:00 p.m.	Level 1/2	311C4
4:15 - 5:00 p.m.	Level 3/4	313C4
5:15 - 6:00 p.m.	Level P/C	310C5
5:15 - 6:00 p.m.	Level 1/2	311C5

MON-TH	7/17 - 7/20	\$30(R)/\$35(NR)
10:00 - 10:45 a.m.	Level 1/2	311E1
2:00 - 2:45 p.m.	Level 2/3	312E3
4:15 - 5:00 p.m.	Level 3/4	313E4
4:15 - 5:00 p.m.	Level 5/6	315E4
5:15 - 6:00 p.m.	Level 1/2	311E5
5:15 - 6:00 p.m.	Level 3/4	313E5

MON-TH	7/24 - 7/27	\$30(R)/\$35(NR)
10:00 - 10:45 a.m.	Level 1/2	311F1
10:00 - 10:45 a.m.	Level 3/4	311F1
2:00 - 2:45 p.m.	Level 1/2	311F3
4:15 - 5:00 p.m.	Level P/C	310F4
5:15 - 6:00 p.m.	Level 3/4	314F5
5:15 - 6:00 p.m.	Level 5	315F5

MON-TH	7/31 - 8/3	\$30(R)/\$35(NR)
10:00 - 10:45 a.m.	Level P/C	310G1
10:00 - 10:45 a.m.	Level 5/6	315G1
2:00 - 2:45 p.m.	Level 1/2	311G3
4:15 - 5:00 p.m.	Level 3/4	313G4
5:15 - 6:00 p.m.	Level 1/2	311G5
5:15 - 6:00 p.m.	Level 3/4	313G5

MON-TH	8/7 - 8/10	\$30(R)/\$35(NR)
10:00 - 10:45 a.m.	Level 1/2	311H1
10:00 - 10:45 a.m.	Level 3/4	313H1
2:00 - 2:45 p.m.	Level 3/4	313H3
4:15 - 5:00 p.m.	Level 1/2	311H4
5:15 - 6:00 p.m.	Level 2/3	312H5
5:15 - 6:00 p.m.	Level 4/5	314H5

BAYSIDE PADDLE SPORTS



BAYSIDE PADDLE SPORTS RENTALS AVAILABLE

10 a.m. - 8 p.m.

June 19 - August 27 (7 Days a Week)
September 2, 3 & 4: (Labor Day Weekend)

Available Rentals:

- * Stand Up Paddleboards (SUP)
- * Pedal Boat
- * Kayaks (1 & 2 person)

Rental Rates:

\$15 One Hour
\$20 Two Hours
\$30 Four Hours
\$40 Six Hours

Bayside Paddle Sports Phone:

(June 19 through Labor Day)
802-316-2929

Cash, Check & Credit Cards Accepted



SUPYO: Stand Up Paddleboard Yoga

If you're looking for a new challenge, yoga on a stand up paddleboard will reinvigorate you and help you become calm & healthy. SUP Yoga aims to introduce you to a unique yoga experience while enjoying the natural splendor of floating on water. We are here to ease you into this exciting and relaxing experience in beautiful Malletts Bay. All equipment is provided in the class and our certified instructors from Yoga Vermont will teach you everything you need to know so don't worry if you are a beginner. Be empowered through your breath and balance to follow your bliss. If you own your own paddle board discounts are available! Walk-ons accepted if space allows for \$25 per class.

Introductory 1-Day Class:

Wed: July 5: 6 - 7:30 p.m. (A)
Sat: August 5: 9 - 10:30 a.m. (B)

Registration Code: 310003
(Followed by the corresponding letter of the session registering for)

Fee: \$20(R)/\$25(NR)

Instructors: Certified Yoga
Instructors from Yoga Vermont



4-Week Series:

Sat: July 8 - 29: 9 - 10:30 a.m. (A/A1)
Tue: July 11 - August 1: 6 - 7:30 p.m. (B/B1)
Wed: August 2 - 23: 6 - 7:30 p.m. (C/C1)
Sun: August 6 - 27: 9 - 10:30 a.m. (D/D1)

Registration Code: 310004
(Followed by the corresponding letter of the session registering for)

Fee: \$65(R)/\$70(NR): A, B, C, D (need board)
\$50(R)/\$55(NR): A1, B1, C1, D1 (bring own board)



BAYSIDE PADDLE SPORTS 2017 COUPON

BOGO (Buy one, Get One)

*Valid for Buy one hr rental / receive one hr free Valid only for
Stand Up Paddleboard or 1 person Kayak*

Present this coupon at Bayside Paddle Sports at Bayside Beach.

* Must have original coupon from summer brochure. Printed from the internet or photocopied coupons will not be accepted. Not valid with any other offers. Limit 1 per person per 2017 Summer Season. Valid for single person use only. Coupon must be surrendered upon use. Not valid for SUPYO Programs. \$5 savings, no cash value. Valid: June 19 - August 25, 2017.

ATHLETICS



WALKING CLUB WITH THE COLCHESTER LIONS

All Ages

Join the Colchester Lions Club for Tuesday evening walks starting in late April. This is a great way to get outside, get some exercise, explore the Town bike paths and walking trails, and make friends. No pressure or race and you can walk at your own pace. We'll meet at a different location every week, and then enjoy a cookout at Bayside Park on the final week after our walk. Please be sure to sign the walk-on form when you arrive, or pre-register with Parks & Rec to be added to the email list. Participants under 18 must attend with an adult. For more information, please contact Lion Ken Emery at 802-578-7483 or email at kpemery1960@gmail.com, or visit the Colchester Lions Club website: www.e-clubhouse.org/sites/colchestervt.

Week 1: Bayside Park	Week 2: Airport Park	Week 3: Union Memorial
Week 4: Windemere Fishing Access	Week 5: Malletts Bay School	Week 6: Creek Farm Plaza
Week 7: Rosseti Natural Area	Week 8: Fort Ethan Allen	Week 9: Airport Park
Week 10: Bayside Park	Week 11 (optional): 4th of July Fun Run / Walk (fee involved)	

TUE	4/25 - 6/27	5:30 - 6:30 p.m.	FREE	320001A
Location: Varies each week (see description for exact locations)			Facilitator: Colchester Lions Club	

LEARN TO SAIL

Ages 7 - Adults

Discover Malletts Bay and the sport of sailing this summer! The International Sailing School on Lakeshore Drive is pleased to offer a twelve hour instructional program for families and individuals ages 7 to adult. (7 - 11 year olds must be accompanied by a registered adult). Students may participate as much or as little as they like. Just relax and enjoy the experience or train toward certification, the choice is yours! Teaching ratios will be four students per one instructor. The type of vessel will depend on your goals a small 21-26' cruiser for the "laid back experience" or a 27' racing sloop for the "intense learner". Curriculum will be tailored and customized as per skill level, but look for the following to be covered: terminology, departing and returning to a mooring, sail trim, tacking and gybing, steering a steady course, points of sail, safety requirements and more. Minimum: 6, Maximum: 12.

TUE-FRI	6/20 - 6/23	5:30 - 8:30 p.m.	\$129(R)/\$134(NR)Individual/\$194(R)/\$199(NR)Family of 2	360003A
TUE-FRI	7/18 - 7/21	5:30 - 8:30 p.m.	\$129(R)/\$134(NR)Individual/\$194(R)/\$199(NR)Family of 2	360003B
Location: International Sailing School, 511 West Lakeshore Drive				Instructor: International Sailing Staff

TRIATHLON PRACTICE GROUP

Ages 12+ (Those 12-17 must be accompanied by a registered adult)

Is this your first year racing in the Colchester Triathlon? Haven't done it in a while? Looking to preview the course prior to race? Our Triathlon practice group will meet on Sunday mornings for three weeks leading up to the big event on July 30th. Each week will focus on a different leg of the race, and participants will be able to try their hand at the course and receive some valuable tips and pointers on how to be successful with each leg of the race. The swim course will be proctored by Jenn Turmel, a certified lifeguard for 23 years and the UVM Swim Club Coach, who will give you pointers on proper stroke form and tips for swimming in open water. Charlie Whitney of the Malletts Bay Bicycle & Ski Shop will give pointers on bike maintenance and on-the-go repair prior to the group biking the entire 12 mile ride together. On the final day, Joan Siegel, a Colchester resident who has participated in the Colchester Tri multiple times, will give you pointers on pacing yourself through the race and what to expect on race day, and will then join the group for a laid back 3 mile run along the Tri course. Sign up for the leg you'd like to work on most, or sign up for all three and receive a discount. And don't forget to register for the 33rd Annual Colchester Triathlon! Minimum: 5, Maximum: 20 (Swim & Run)/15 (Bike).

SUN	7/9	8:30 - 9:30 a.m.	\$7(R)/(NR)	330402A (Swim)
SUN	7/16	8:30 - 9:30 a.m.	\$7(R)/(NR)	330402B (Bike)
SUN	7/23	8:30 - 9:30 a.m.	\$7(R)/(NR)	330402C (Run)
SUN	7/9 - 7/23	8:30 - 9:30 a.m.	\$15(R)/(NR)	330402D (All Days)

Location: A: Bayside Beach / B & C: Bayside Park

Instructor: Jenn Turmel, Charlie Whitney & Joan Siegel

ATHLETICS & ENRICHMENT



ADULT TAP DANCING

Ages 18+

A great class that's lots of fun! We start out with a nice warm up to great music and then move into technique, combinations and some choreography. This class is perfect for those who have some tap experience or maybe just wanted to brush up on their shuffles! Tap shoes are necessary. Minimum: 4, Maximum: 15.

MON	7/10 - 8/7	6:00 - 7:00 p.m.	\$65(R)/\$70(NR)	360013A
Location: Studio 3 Dance, Creek Farm Plaza			Instructor: Studio 3	

FEED YOUR NEED - WEIGHT LOSS PROGRAM

Ages 18+

Do you work out and see little result? Do you start a diet only to gain all the weight back? Are you just not sure how much food you should eat? Colchester Health & Fitness personal trainers can help! Our trainers figure out what YOUR food goals are based on your height, weight, age and fitness goals. It feeds YOUR needs and lets you eat the food you love to eat and still lose weight. One time meeting with Trainer to access goals and calculate YOUR Food Needs.

Trainer will call to set up one-time meeting date and time	\$45(R)/\$55(NR)	330407A
Location: Colchester Health & Fitness, Prim Road		Instructor: Colchester Health & Fitness

SAND VOLLEYBALL

Ages 18+

Stop by Monday & Wednesday evenings for some exciting sand volleyball! Players of all levels are invited to attend. What better way to enjoy the scenic view of Malletts Bay! All you need to bring is water to drink, we will provide the sand! **Limited to the first 24 players to sign the waiver sheet each evening.**

MON & WED	6/12 - 8/30	6:00 p.m. - DARK	FREE
Location: Bayside Volleyball Courts		Facilitator: Bill Syverson	



ADULT TENNIS

Ages 18+

Our clinic will teach basic skills, stroke techniques and rules of the game while being applied in game situations. Designed for the beginner to intermediate player. Racquets required. Minimum: 4, Maximum: 12.

WED	7/12 - 8/16	6:45 - 7:45 p.m.
	\$67(R)/\$72(NR)	301202A
Location: Bayside Park, Upper Courts		Instructor: Jim Olson

LUNCHTIME SWEAT - 10 CLASS PASS

Ages 18+

This 30 minute total body workout is just what you need to break up your workday! We will use a variety of equipment and new workout each day to give you a total body workout in just 30 minutes. You will leave feeling energized and ready to finish your day!

MON-FRI	5/1-Card used	11:30-12:00 p.m. (M-TH) or 12:00-12:30 p.m. (M-F)	\$45(R)/\$50(NR)	360019A
Location: RehabGYM, Roosevelt Highway			Instructor: Lauren Kennedy, CSCS and Haley Weik	

YOGA



YOGA FLOW - 10 CLASS PASS

Ages 18+

Breath awareness & alignment are encouraged as we flow through a moderately paced class. Enjoy sequencing postures to increase your flexibility, strength and endurance. Each class focuses on breathing, postures and relaxation. This class is designed for individuals who have a good understanding of yoga, not for novice participants.

WED	5/3 - card used	5:30 - 6:45 p.m.	\$130(R)/\$135(NR)	360009A
Location: RehabGYM, Roosevelt Highway			Instructor: Cat Earisman, Yoga Instructor	

HATHA/RESTORATION YOGA (SPRING SESSION)

Ages 18+

This gentle, warm and welcoming yoga class will include aromatherapy and/or flower essences in each session. These modalities will be available to students (as they see fit), to enhance their practice, deepen their mind/body connection and simply have fun while increasing their flexibility, strength and endurance. As appropriate, adaptations/modifications will be taught and encouraged to address individual needs. Please bring your own yoga or exercise mat and a beach towel or yoga blanket. Minimum: 4, Maximum: 14.



WED	5/3 - 6/7	9:00 - 10:00 a.m.	\$45(R)/\$50(NR)	270003C
Location: Bayside Activity Center			Instructor: Stephanie Davis	

SUNRISE POWER YOGA - ALL LEVELS

Ages 18+

Start your summer off right! Taught twice a week, this yoga series will fire up your core strength as you practice proper posture alignment, flow through demanding yoga sequences and build heat from within by connecting breath to movement. This class is set to inspiring tunes, and is a foundation-building yoga class that will work every muscle through movement and breath at a moderate, but intuitive pace. Unroll your yoga mat for an invigorating full-body flow, and a great way to start your day. Bring a bottle of water, a small towel and a yoga mat. Wear fitted workout clothes, ideally ones that wick away moisture. Minimum: 7, Maximum: 14.

MON & WED	6/19 - 7/26	6:00 - 7:00 a.m.	\$81(R)/\$86(NR)	370005A
MON & WED	7/31 - 8/30	6:00 - 7:00 a.m.	\$81(R)/\$86(NR)	370005B
Location: Bayside Activity Center			Instructor: Taylor Gamache, Certified CarePower Yoga Instructor	

HATHA/RESTORATION YOGA (SUMMER SESSION)

Ages 18+

This 8-week session will integrate simple, healthy spinal movements via demonstrations and guided instructions. Several postures will be sequenced to increase flexibility, strength and endurance while focusing on mindful movement with one's breath. As appropriate, adaptations/modifications will be taught and encouraged to address individual needs. Please bring your own yoga or exercise mat and a beach towel or yoga blanket. **Please note new location for Summer 2017!** Minimum: 6, Maximum: 18.

WED	6/21 - 8/9	9:00 - 10:00 a.m.	\$53(R)/\$58(NR)	370003A
Location: Colchester High School, Room 101/103			Instructor: Pat Marmillion	

ATHLETICS & ENRICHMENT



BONE HEALTH

Ages 55+

This class will focus on ways to strengthen bones, optimize balance and provide basic knowledge of what poses/ postures are contraindicated to bone integrity. This class is great for those who may be concerned about thinning bones or fracture risks as we age. Chairs & props will be used to individualize the program. Participants should bring a yoga mat if you have one. Minimum: 6, Maximum: 10.

TUE	5/2 - 6/6	9:30 - 10:30 a.m.	\$40(R)/\$45(NR)	370006A
Location: Bayside Activity Center			Instructor: Betty Molnar	

SENIOR STRONG

Ages 55+

This class benefits seniors to maintain their cardiovascular health, strength and flexibility. Classes utilize tubes, free weights and balance balls. Class is designed to increase flexibility, endurance and coordination. Chairs are used for added support and help work on better balance and stability. Minimum: 5, Maximum: 10.

TUE & TH	6/6 - 6/29	10:15 - 11:00 a.m.	\$65(R)/\$70(NR)	330114A
Location: Colchester Health & Fitness, Prim Road			Instructor: Stacey Mercure, NFPT Certified Trainer	

VT TOURS - ONE-DAY EXPEDITIONS

Ages 55+

Sometimes our lives get so busy that we forget to take a moment and enjoy the many treasures our state has to offer. Take a day (or three!) and join us for some laid-back, one-day trips to some of Vermont's most renowned attractions. We'll make all the reservations and do all the driving so you can sit back and enjoy the trip. Lunch is even included in the fee, transportation will be by 15-passenger bus. **June 19th:** we'll travel to St. Johnsbury Vermont and spend the morning exploring the Fairbanks Museum. For lunch, we'll stop by Eastern & Main Market & Deli, and then spend the afternoon touring the St. Johnsbury Athenaeum & the Maple Museum at Maple Grove Farms. **June 21st:** we'll travel to our state's capital, Montpelier. We'll start with a guided tour of the Statehouse, then enjoy lunch at the New England Culinary Institute's restaurant on Main Street, and round out the day at the Vermont Historical Society Museum. **June 23rd:** we'll travel to the Killington Resort for some summertime fun at the mountain. A guided Segway Tour around the mountain trails will start our day, and then we'll take the gondola to the summit and have lunch at the Peak Lodge. After some sightseeing and light hiking, we'll ride the gondola back to the base. **DEADLINE FOR KILLINGTON REGISTRATIONS IS JUNE 9TH.** Join us for one or two days, or use code 320012-D to sign up for all three and receive a discount! Minimum: 6, Maximum: 12.

MON	6/19	8:00 a.m. - 5:00 p.m.	\$51(R)/\$56(NR)	320012A
WED	6/21	8:00 a.m. - 5:00 p.m.	\$60(R)/\$65(NR)	320012B
FRI	6/23	8:00 a.m. - 5:00 p.m.	\$113(R)/\$118(NR)	320012C
MON, WED & FRI	6/19 - 6/23	8:00 a.m. - 5:00 p.m.	\$200(R)/\$210(NR)	320012D

Departure/Return Location: Bayside Park, Parking Lot

Trip Leader: Colchester Parks & Recreation Staff

STRetch

Ages 55+

This class uses foam rollers, tennis balls, yoga straps and yoga blocks to aid in soft tissue release of tense, tight muscles. Each class starts with a dynamic warm up to heat the body up and allow you to get deep into the muscle for an incredible STRetch. This class releases tension and helps with relaxation. Minimum: 5, Maximum: 10.



FRI	7/7 - 8/4	9:00 - 9:45 a.m.	\$55(R)/\$60(NR)	330115A
FRI	8/11 - 9/8	9:00 - 9:45 a.m.	\$55(R)/\$60(NR)	330115B

Location: Colchester Health & Fitness, Prim Road

Instructor: Stacey Mercure, NFPT Certified Trainer, Certified Massage Therapist

ATHLETICS & ENRICHMENT



FIRST DAY OF SUMMER

Ages 60+

Age Well (formerly CVAA) invites senior citizens to celebrate the First Day of Summer! Come by and enjoy shuffleboard, entertainment, door prizes and a 50/50 raffle. Please sign up in advance. Register with Age Well: 865-0360, ext. 1018.

FRI	6/2	10:00 a.m. - 2:00 p.m.	\$5 (Suggested Donation)
Location: Bayside Park, Pavilion		Register with Age Well: 865-0360, ext. 1018	

BEGINNER PICKLEBALL LESSONS

Ages 55+

Pickleball combines the elements of tennis, badminton, and table tennis on a badminton-sized court with a modified tennis net. This sport requires a degree of physical fitness and mobility, and is a fun way to improve cardio and build hand-eye coordination. Our beginner lessons will teach you the rules of the game, scoring, serving, and other basic techniques. There will be plenty of time to scrimmage with other beginners in doubles games. Paddles are provided, or bring your own if you have one. All participants should wear sturdy tennis shoes or running shoes, wear comfortable clothing that will allow you to move freely, and bring a water bottle.

Minimum: 3, Maximum: 15.



TUE & TH	5/16 - 5/25	1:00 - 2:30 p.m.	\$15(R)/\$20(NR)	320009A
TUE & TH	6/20 - 6/29	1:00 - 2:30 p.m.	\$15(R)/\$20(NR)	320009B
TUE & TH	7/18 - 7/27	1:00 - 2:30 p.m.	\$15(R)/\$20(NR)	320009C
TUE & TH	8/8 - 8/17	1:00 - 2:30 p.m.	\$15(R)/\$20(NR)	320009D

Location: Bayside Park, Front Tennis Courts

Instructor: Ron Tofani, USAPA Member

INTERMEDIATE PICKLEBALL LESSONS

Ages 55+

These two-night Intermediate courses will cover more advanced drills and techniques and prepare you for more competitive matches. Players need to have a strong knowledge of the rules, a reliable serve, reasonable mobility and practice good teamwork. Drills will cover returning a serve, offensive serving, overheads, lobs, slicing, dinking, and more. Sturdy sneakers and comfortable clothing are a must. Players should also bring a water bottle and paddle if they have one (loaner paddles are also available). Minimum: 3, Maximum: 15.

TUE	6/20 & 6/27	5:30 - 6:30 p.m.	\$10(R)/\$15(NR)	320010A
TUE	7/18 & 7/25	5:30 - 6:30 p.m.	\$10(R)/\$15(NR)	320010B
TUE	8/8 & 8/15	5:30 - 6:30 p.m.	\$10(R)/\$15(NR)	320010C

Location: Fort Ethan Allen, Tennis Courts

Instructor: Ron Tofani, USAPA Member

TAI CHI BASIC

Ages 55+

Tai Chi can increase flexibility, reduce stiffness and inflammation and may improve balance, muscle strength, sleep patterns, lower blood pressure, increase energy and cardiovascular fitness and give you an overall improved sense of well being. Why aren't you doing this already? Pre-registration required. Maximum: 18.

TUE & TH	6/20 - 8/10 (skip: 7/4)	11:00 - 11:45 a.m.	FREE	361001A
Location: Colchester High School, Room 101/103		Instructor: Viviane Levy & Betty Adams		

FACILITY & PAVILION RENTALS



TOWN PARKS:

AIRPORT PARK: 488 Colchester Pt. Road, 64.5-acres. 1.3 mile jogging/x-country ski trail, parking, restrooms, picnic area, pavilion, playground, 4 ball fields, 2 soccer fields, 2 sand volleyball courts, 6 horseshoe pits, 2 tennis courts, 1 basketball court, and lighted ice skating in the winter.

BAYSIDE PARK: 2 West Lakeshore Drive, 22-acres including parking, restrooms, bathhouse (beachside), picnic area, pavilion, playground, swimming beach, Bayside Activity Center, 2 shuffle board courts, 4 tennis courts, 1 basketball court, 2 sand volleyball courts, 1 football/lacrosse field, 1 lighted softball field, and a skatepark.

BONANZA PARK: Bonanza Drive, .6-acre neighborhood park with limited playground and all-purpose field.

CAUSEWAY PARK & RECREATION PATH: Mills Point Road, 4-mile path connects to original Rutland Railroad bed and causeway across the lake (constructed during 1897-1900). Renovated gravel path suitable for walking, biking, and fishing access. Duck hunting allowed (in season). Park at Airport Park or in the Mills Point Road lot.

FORT ETHAN ALLEN PARADE GROUNDS: Dalton Drive, 19-acres, owned mutually with the Town of Essex. Playground, tennis courts, 2 soccer fields, cricket, rugby, gazebo, walking trail.

HEINEBERG ACCESS/BILLADO PARK: Heineberg Drive, 4-acres, Town and State access to Winooski River

HERITAGE PARK: Heritage Drive, 1-acre, parking, playground, tennis court, basketball court.

LAW ISLAND: West of Causeway off Colchester Point, 8.5-acres owned by the State of VT and managed by the Town of Colchester. Camping permitted, duck hunting allowed (in season), compost bathroom available.

PORTER NATURAL AREA: Mills Point Rd. 56-acre natural area.

ROSSETTI NATURAL AREA: Holy Cross Road, 47-acres of natural area conserving wetland, woods and sand beach.

SUNNY HOLLOW NATURAL AREA: Hercules Drive, 80-acre diverse area, 3 miles of walking, mountain biking and x-country trails, limited parking.

VALLEYFIELD PARK: Valleyfield Drive, .65-acre neighborhood park with limited playground and all-purpose field.

VILLAGE PARK: Behind Colchester Water District Building, Main Street. 66-acres, primitive park with a trail network being developed.

2017 FACILITY/PAVILION RENTALS: 2017 OPENING DATES:

Facility Reservations for the Summer of 2017 can be made starting TUESDAY, MARCH 1, 2017

Airport & Bayside Picnic Pavilion Fee Charges:

Resident Family Event	\$75.00
Resident Non-Profit Org.	\$75.00
Resident Commercial Business	\$125.00
Non-Resident Family Event	\$150.00
Non-Resident Non-Profit Org.	\$150.00
Non-Resident Commercial Bus.	\$225.00

Pavilion Rental includes picnic tables, charcoal grill, power and covered pavilion space

- Airport not available for rentals in the Spring and Fall due to youth sports.
- Bayside only available for Weekend Rentals
- Cancellation Policy: 10 business days notice required.
- No refunds for inclement weather.

Skateboard Park	Open May 1
Airport Park Bathrooms	Open May 1
Bayside Park Bathrooms	Open May 1
Pavilion Rentals	Open May 1

Athletic Field Usage:

For more information on renting the Town of Colchester's Athletic Fields contact the Parks & Recreation Department's Assistant Director, Derek Mitchell at 264-5642 or email at dmitchell@colchestervt.gov for fees and availability.



REGISTRATION FORM

One form can be used
for all family members
that live in the same
household.

Participant's Last Name: _____ First Name: _____

Parent's Last Name (if participant under 18): _____ First Name: _____

Mailing Address: _____ City/State/Zip: _____

E-Mail: _____ T-Shirt Size: YS⁽⁶⁻⁸⁾ YM⁽¹⁰⁻¹²⁾ YL⁽¹⁴⁻¹⁶⁾ AS AM AL AXL

Home Phone: _____ Business Phone: _____ Cell Phone: _____

Emergency Contact (other than parent): _____ Relationship: _____ Telephone: _____

Please list any special needs which will require accommodation for participation: _____

Please list any allergies (food, insect, plant, or medications): _____

PARTICIPANT NAME	SEX M/F	DOB M/D/Y	ENTERING GRADE	REGISTRATION NUMBER	PROGRAM NAME	CLASS FEE
Total Amount Due:						\$

PAYMENT METHOD (CHECK ONE):

☐ Check (payable to Colchester Parks & Recreation) ☐ Cash ☐ Credit Card (Only Visa and Mastercard Accepted)

☐ Check here if you would like a receipt sent to you Credit Card #: _____ Exp: _____

2017 registrations can be made as soon as you receive a seasonal brochure. Participants may continue to register for programs until they are full. We do our best to accommodate those with special needs. With few exceptions, our parks and facilities comply with the Americans with Disabilities Act. Children and adults with special needs are encouraged to participate in our programs. Staff members are receptive to your needs and will do everything possible to assist you. If you are interested in participating in a program, but are not sure about the accessibility of a facility or wish to discuss program details, please call the Recreation Department and ask us about specifics. Classes that do not have the minimum number of registrations may be cancelled. Registrants will be notified by mail or phone and will receive a full refund. Refunds will not be given once a class begins, and are available up to 10 business days prior to the start of the program. A \$6.00 administrative fee will be charged when a refund is requested. By participating in the Town of Colchester Recreation programs, participants may be photographed for future publicity or recognition of events. By signing up for the programs you willingly signed a waiver that grants the Colchester Recreation Department permission to use your photograph to promote their programs. Pictures taken in specific programs may be used for up to 10 years.

Town of Colchester Release and Indemnity Agreement

Whereas, the undersigned has requested the use of services, equipment, or facilities belonging to or under the auspices of the Town of Colchester, Vermont, and to engage in activities for the executive benefit of the undersigned: and Whereas, the Town of Colchester does not wish to be liable for any damages arising from personal injury or property damage sustained thereby:

Now therefore, in consideration of the mutual promises and other good and valuable consideration, the undersigned does hereby for themselves, their heirs, executor, employers, successors or administrators, and personal representatives;

A. Assume full responsibility for any personal injury or any damage to his/her personal property which may occur directly or indirectly in the course of participating in rec. activities B. Fully and forever release and discharge the Town of Colchester, its agents, officials, and employees, from any and all claims, demands, damages, rights or action, or causes of action, present or future, whether the same be known, an anticipated or unanticipated, resulting from or arising out of the above described activity. C. Agree that it is the intent of the undersigned that this release and indemnity agreement shall be in full force & effect any time after the execution hereof.

Name of Participant: _____

Signature (of parent or guardian under 18): _____

Date of Signature: _____



COLCHESTER PARKS & RECREATION DEPARTMENT
P.O. BOX 55
781 BLAKELY ROAD
COLCHESTER, VT 05446

PRSRT STD
U.S. Postage
PAID
Permit No. 256
Burlington, VT 05401

ECRWSS
CARRIER ROUTE PRESORT
RESIDENTIAL CUSTOMER

Looking to Volunteer?
Become a volunteer through Colchester Pride.

What is Colchester Pride?

As the Colchester Parks & Recreation Department offers a variety of events annually, the department relies heavily upon specific volunteer "sub groups" to assist in the planning and operations of such events. These sub groups have proven their worth as popular events such as the Colchester Winter Carnival going into its 35th year, the Colchester Triathlon going into its 33rd year and Causeway Race is going into its 5th year, and is the result of a lot of hard work and volunteer commitment towards the building of community. The continued growth of our volunteer community is what Colchester Pride will be. Having one central volunteer "hub," such as Colchester Pride, will assist us in recruiting new volunteers, offering specific volunteer opportunities and duties, providing networking and information quarterly and provide us the ability to recognize our volunteers.



FOUR SIMPLE WAYS TO REGISTER...

<p>► Online Log onto www.colchestervt.gov/Recreation and register for classes! Visa or MasterCard and family sign in/password will be needed</p>	<p>► Fax in (802)264-5647 Complete the registration form including your credit card number and expiration date on the form. Incomplete forms will not be processed.</p>	<p>► Mail in Completed registration form with payment to: Colchester Parks & Recreation PO Box 55 Colchester, VT 05446</p>	<p>► Drop by the office Monday - Friday 7:30 a.m. - 4:30 p.m. 781 Blakely Road Second Floor</p>
<p>Register Early! Don't run the risk of having your favorite program fill or be cancelled due to low enrollment!</p>		<p>Resident registration begins as soon as you receive this brochure!</p>	